Driving Directions to the CNRC from Airports and Freeways

Address: 1100 Bates Street, Houston TX 77030.

CNRC Security Desk Phone: 713-798-6767

The Children’s Nutrition Research Center (CNRC) is located in the Texas Medical Center campus on the southwest edge of downtown Houston, close to freeways and major thoroughfares.

For scheduling changes, please contact Marilyn Navarrete at 713-798-6715
Directions to the CNRC from a variety of Houston locations:

- **From Intercontinental Airport/Highway 59 South**
  Depart Intercontinental Airport onto Will Clayton Boulevard. Take Will Clayton to Highway 59 South. Travel Highway 59 South to Highway 288 (19 miles). Exit Holcombe Blvd./OST and turn right on Holcombe Blvd. Take a right on Fannin St. Turn right ALMOST IMMEDIATELY at the huge sign that says “Entrance 10” onto Bates St. (If you are at a light, you have passed it). The CNRC is the second building on your right, next to Texas Children’s Hospital Clinical Care Center.

- **From Hobby Airport/I-45 South**
  Depart Hobby Airport onto Broadway. Travel Broadway to I-45 North. Exit I-45 North onto the 610 Loop West. Follow 610 Loop West and exit Fannin Street. Turn right onto Fannin Street. Stay on the right lane and follow the sign that says “Holcombe”. Go straight past the light at Holcombe Blvd. and turn right ALMOST IMMEDIATELY at the huge sign that says “Entrance 10” onto Bates St. (If you are at a light, you have passed it). The CNRC is the second building on your right after the TCH Clinical Care Center.

- **From I-10 Traveling East or West**
  Exit Highway 59 South. Travel 59 South to Highway 288. Exit Holcombe Blvd./OST and turn right on Holcombe Blvd. Take a right on Fannin. Turn right ALMOST IMMEDIATELY at the huge sign that says “Entrance 10” onto Bates St. (If you are at a light, you have passed it). The CNRC is 2nd building on your right after the TCH Clinical Care Center.

- **From Highway 59 Traveling North**
  Travel Highway 59 North to Highway 288. Exit Holcombe Blvd./OST and turn right on Holcombe Blvd. Take a right on Fannin. Turn right ALMOST IMMEDIATELY at the huge sign that says “Entrance 10” onto Bates St. (If you are at a light, you have passed it). The CNRC is the second building on your right after the TCH Clinical Care Center.

- **From Highway 288 Traveling North**
  Take the Holcombe Blvd./OST exit and turn left on Holcombe Blvd. Take a right on Fannin. Turn right ALMOST IMMEDIATELY at the huge sign that says “Entrance 10” onto Bates St. (If you are at a light, you have passed it). The CNRC is the second building on your right after the TCH Clinical Care Center.

*For scheduling changes, please contact Marilyn Navarrete at 713-798-6715*
Children’s Nutrition Research Center Parking Directions

For scheduling changes, please contact Marilyn Navarrete at 713-798-6715.

You can park in the garage, even though the sign reads “No Public Parking”.

Please drive up to the gate and press the speaker box to reach the security desk.

Press the red button to speak with the security.
Children’s Nutrition Research Center Parking Directions

Please park in the Reserved Research Volunteer parking spots on the B1 level.

1) Go down the hallway to the Garage elevator and up to the first floor (CNRC lobby).

2) Sign in with the security guard at the front desk and they will call a study coordinator to come and meet you in the lobby.

For scheduling changes, please contact Marilyn Navarrete at 713-798-6715