The Alzheimer’s Association for Clinicians, Patients and Caregivers

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Objectives

I. Review the Texas and National facts and figures.

II. Meet your Houston & Southeast Texas Texas chapter.

III. Discuss resources available to clinicians to ensure proper care coordination of patients with Alzheimer’s disease and other dementias.

IV. Discuss resources available to patients and their caregivers to better manage symptoms, essential planning, and the emotional toll of the disease.

V. Learn of the current public policy efforts impacting patients and families of persons with Alzheimer’s disease and other dementias.
NEW!
Alzheimer’s Disease
Facts and Figures

Includes a special report on Women and Alzheimer’s disease
2014 National Facts & Figures

• 5 Million Americans are currently living with Alzheimer’s disease

• Anticipated to reach 16 Million Americans by 2050

• 2014 estimated total costs of caring for individuals with Alzheimer’s disease and other Dementias is $214 BILLION ($203 Billion in 2013)

• Total costs are expected to reach $1.2 TRILLION by 2050
Alzheimer’s Prevalence and Costs
In Millions of People; In Billions of 2013 Dollars

NOTE: The dark green portion of the bar graph represents the costs to Medicare and Medicaid.

Source: 2013 Alzheimer’s Disease Facts and Figures (prevalence) and Changing the Trajectory of Alzheimer’s Disease: A National Imperative (costs, adjusted to 2013 dollars)
Costs to Medicaid
Average Per Senior Medicaid Payments 2008
(Inflated to 2012 Dollars)

- Seniors without Alzheimer's and Other Dementias: $549
- Seniors with Alzheimer's and Other Dementias: $10,538
Top Ten Causes of Death
Percent Change, 2000-2010

- Influenza and Pneumonia: -23%
- Stroke: -23%
- Heart Disease: -16%
- Diabetes: -0.5%
- Cancer: 4%
- Respiratory Diseases: 13%
- Accidents: 23%
- Suicide: 31%
- Kidney Disease: 36%
- Alzheimer's Disease: 68%
Deaths from Major Diseases
Change in Number of Deaths, 2000-2010

- Breast Cancer: -2%
- Prostate Cancer: -8%
- Heart Disease: -16%
- Stroke: -23%
- HIV: -42%
- Alzheimer’s Disease: 68%
NIH Research Funding, 2013
In Millions of Dollars

- Cancer: $5,649
- HIV/AIDS: $3,095
- Cardiovascular: $2,051
- Diabetes: $1,066
- Alzheimer's: $524
11% of Texas seniors live with Alzheimer’s disease

5,209 deaths were attributed to Alzheimer’s disease in 2010

This year there are 330,000 total Texans over 65 are living with Alzheimer’s disease

Anticipated to increase to 490,000 Texans over the age of 65 living with Alzheimer’s disease by 2025

In 2013, there were 1.3 Million Texas caregivers, equating to $18.4 Trillion in unpaid care
Alzheimer’s Association

About Us
The Alzheimer's Association Houston & Southeast Texas Chapter is a tax-exempt, 501(c)(3) nonprofit, donor-supported organization. Programs and services are made possible through contributions from individuals, corporations and foundations.

**Mission:** To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

**Vision:** A world without Alzheimer's disease.

37 County Service Area with 4 Regional Offices
Beaumont, Galveston, Houston, & Lufkin
Chapter Services

Support
- HELPLINE & Care Consultation
- Support Groups
- Early Stage Programs

Education
- Newsletter
- Professional Training
- Educational Presentations/Seminars
- Advocacy

Resources
- Safety Services
- Local Resource Connections
- Clinical Trial Match and Research

credit Alzheimer's Association/Chris Kirzeder
Alzheimer’s Association

The Patient and the Caregiver
Alzheimer’s and Dementia Caregivers

By Age of Caregiver

- 65 and older: 23%
- 55-64: 33%
- 35-54: 34%
- Under 35: 10%
Burden of Caregiving
Proportion of Alzheimer’s Caregivers Who Provide Help with Daily Activities

- Feeding: 31%
- Managing incontinence and diapers: 31%
- Bathing: 31%
- Getting to and from the toilet: 32%
- Dressing: 40%
- Getting in and out of bed: 54%
Duration of Caregiving

<table>
<thead>
<tr>
<th>Duration</th>
<th>Caregivers of people with Alzheimer's and other dementias</th>
<th>Caregivers of other older people</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than 1 year</td>
<td>23%</td>
<td>34%</td>
</tr>
<tr>
<td>1-4 Years</td>
<td>43%</td>
<td>33%</td>
</tr>
<tr>
<td>5+ Years</td>
<td>32%</td>
<td>28%</td>
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</tbody>
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alzheimer's association®
Alzheimer’s and Dementia Care Costs
In Billions of Dollars

$203 | $216
Alzheimer’s Association for Patients & Caregivers

- 24/7 HELPLine & Care Consultations
- Alzheimer’s Navigator
- Local Support Groups
- Early Stage Programs
  - Discovering Connections
  - Learning Together
  - Peer to Peer
Education for General Audience

We offer a variety of educational programs, for General Audience, Early Stage Individuals, and Caregivers:

- Alzheimer’s Awareness
- Alzheimer’s Disease vs. Dementia
- Know the 10 Warning Signs
- Reducing your Risk of Alzheimer’s
- Communicating and Interacting with Persons with Dementia
- Understanding Alzheimer’s Research
- Talking to Your Doctor
- Safety First
- Taking Care of Yourself: Managing Caregiver Stress
- Powerful Tools for Caregivers (6 week program)
Alzheimer’s Association
Clinicians and Healthcare Providers
Alzheimer’s Association for Clinicians

• Research Publications and Related Conferences

• Brochures and Handouts for personal and patient use

• Diagnostic Testing Materials & Information on ALZ.org

• “Prescription” Pads

• Clinician Referral form

in brief
for healthcare professionals
ALZHEIMER’S ASSOCIATION
Medicare Annual Wellness Visit Algorithm for Assessment of Cognition

A. Review HRA, clinician observation, self-reported concerns, responses to queries

YES

Signs/symptoms present

NO

Informant available to confirm

B. Conduct brief structured assessment
- Patient Assessment: Mini-Cog or GPCOG or MIS
- Informant assessment of patient: Short IQCODE, AD8 or GPCOG

Brief assessment(s) triggers concerns: Patient: Mini-Cog ≤3 or GPCOG ≤5 (5-8 score is indeterminate without informant) or MIS≤4 or Informant: Short IQCODE ≥ 3.38 or AD8 ≥ 2 or GPCOG informant score ≤3 with patient score <8

YES

C. Refer OR Conduct full Dementia Evaluation

NO

Follow-up during subsequent AWV
alzheimer's association®
the compassion to care, the leadership to conquer®

□ 24/7 Helpline – Talk with specialists and masters level counselors
□ Clinical trial information (alz.org/trialmatch)
□ Disease information and referrals to community resources
□ Dementia and Driving Resource Center (web-based videos)
□ Local education programs, including early stage programs
□ Safety (in the home, wandering, travel, medications, etc)
□ Support groups
□ Other

CALL 800.272.3900
24 HOURS A DAY/7 DAYS A WEEK
VISIT alz.org

Referrer by: __________________________ Date: __________________________

Phone: __________________________

TO BE COMPLETED BY REFERRING PROVIDER

Diagnosis: __________________________ Diagnosed Date: __________________________
Provider Name: __________________________ Organization: __________________________
Provider Phone: __________________________ Fax: __________________________
Reason for Referral (Please check all that apply):
□ Comprehensive Care Consultation ☐ Safety Issues ☐ Legal/Financial
□ Diagnosed Individual lives alone ☐ Placement ☐ Education
□ Difficulty coping ☐ Respite/In home caregiver ☐ Caregiver stress
□ Early Stage Programs ☐ Support Groups ☐ Behavioral Issues
□ Medication Management ☐ Disease orientation for family/patient

Additional comments: __________________________
Education for Professionals

We offer a variety of educational programs, for Direct Care Workers, Licensed Professionals, and Activity Professionals:

- Knowledge of Stages
- Behavior Management
- End of Life Care
- Abuse and Neglect

Our programs and meetings have been attended by activity professionals, administrators, nurses, occupational therapists, physical therapists, social workers and staff trainers. Many of our programs offer CEUs.
Alzheimer’s Association

Advocacy & Public Policy
Advocacy

State Public Policy
- Medicaid Preservation
- UAGPPJA
- Dementia Training
- State Advocacy Day – Spring 2015

Federal Public Policy
- The H.O.P.E for Alzheimer’s Act
- Omnibus Bill
Questions?

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