**DAY 1: Doing the Test**

- **You will collect two samples from the same stool.**
- **Do not** collect stool sample from toilet bowl water.
- If available, use gloves to collect sample.

1. Urinate before your bowel movement.

2. Collect the stool in a clean, dry container, such as:
   - Paper plate
   - Small cardboard box
   - Bucket lined with plastic bag

3. Open the Collection Card.
   - Use one of the sticks to take a **very small** stool sample.
   - Apply a **very thin smear** of stool on the top half of the window.
   - Use the other end of the same stick to take a second sample from a different part of the stool.
   - Put a **very thin smear** of stool on the bottom half of the window.
   - Use the stick to mix the two samples and spread smoothly over the window.
   - Close the flap.

You are done with the first sample!

**Handling the Sample**

- Throw away the stick in a wastebasket and the rest of the stool in the toilet.
- Allow the sample to air dry overnight at room temperature (for example, inside a cabinet).
- Store Collection Cards at room temperature 59-86°F.

**DAYS 2-3: Completing the Test**

- Use the other two Collection Cards to collect samples on two more days.
- Repeat Steps 1-3 from Day 1
- Allow each Collection Card with the sample to dry overnight.

**After the Test**

- Put all three Collection Cards into the specimen bag.
- Bring the completed Collection Kit to your clinic.

You have finished the test!

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**Before You Start the Test**

- Take one Collection Card out of the envelope.
- **Do not** use the test kit after expiration date on the Collection Card.
- If there is no preprinted label, write your name and collection date on the front of the card.

**Need Help?**

- To hear these instructions in English, Spanish, or Vietnamese, call 713-798-1110

**Please Note:**

- You will collect stool samples on three different days.
- There are no special diet or medication restrictions for this test.

**Do not take the test:**

- Three days before, during or after your period
- If you have bleeding hemorrhoids, blood in urine, open cuts on hands, or strained bowel movements the same day.

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*Instructions adapted from the Hemoccult® ICT Test.
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