Neonatal Nutrition Update Practicum 2015

Schedule
Below is the proposed schedule for this practicum.

Objectives
1. Define the nutritionist's role in the neonatal intensive care unit and/or the community setting.
2. Identify the nutrient needs of low birth weight and premature infants.

Day 1, Monday
9:00 a.m.  Review Activities for Week and the Nutritionist's Role
10:00 a.m. Discussion on Nutritional Assessment
12:00 p.m. Lunch and Neonatal Noon Conference
1:15 p.m.  Discussion: Share and Compare Neonatal Nutrition Practices
2:45 p.m.  Discussion: Breastfeeding the Premature Infant and Milk Bank Issues
           Tour of Milk Bank

Day 2, Tuesday
8:30 a.m.  Attending Team Rounds in NICU
12:00 p.m. Lunch
1:00 p.m.  Discussion on Selected Topic
2:00 p.m.  Observe Intestinal Rehabilitation Rounds
3:00 p.m.  Discussion on Selected Topic

Day 3, Wednesday
8:00 a.m.  Formula Room Tour
9:00 a.m.  Discussion on Selected Topic
10:00 p.m. Patient Calculations
11:00 p.m. Patient Comparisons
12:00 p.m. Lunch and Newborn Medicine Lecture
1:30 p.m.  Discussion on Selected Topic
3:00 p.m.  Neonatal Slide Show - Clinical Diagnosis

Day 4, Thursday
8:30 a.m.  Clinical Nutrition Research Center (CNRC) Seminar Series
9:45 a.m.  Discussion on Selected Topic
10:45 a.m. Discussion on Selected Topic
12:00 p.m. Lunch and Neonatal Research Conference
1:00 p.m.  Discussion: Assessment, Prevention, and Treatment of Pediatric Obesity
2:00 p.m.  Baylor Neonatal Nutrition Team Meeting
3:00 p.m.  Discussion on Selected Topic
Day 5, Friday
8:30 a.m.    Pediatric Grand Rounds
9:30 a.m.    Discussion on Selected Topic
10:30 a.m.   Discussion on Selected Topic
11:30 a.m.   Open Discussion and Written Evaluation of Course
12:00 p.m.   Lunch and Neonatology Noon Conference
1:00 p.m.    End of Program

Discussion Sessions:
Discussion subjects vary with the individual practicum based on the participants' work experiences and educational needs. Each discussion topic will be a minimum of one hour in length.

Topics might include:

Day 2
• Parenteral Nutrition

Day 3
• Human Milk Fortification & Use of Infant Formulas
• Feeding Issues

Day 4
• Hyperbilirubinemia
• Fluid and Metabolism
• Iron

Day 5
• Post-Discharge Nutrition
• Calcium and Phosphorus Issues

Additional topics to be covered during either formal discussion or nursery rounds include energy requirements, vitamin and mineral needs, neonatal medical problems and associated nutritional concerns such as necrotizing enterocolitis, and respiratory distress syndrome.

Attending rounds includes team rounds in the NICU and informal discussion led by the attending neonatologist on medical and nutritional assessment of infants in the NICU. The pediatric residents, neonatology fellows, nurse practitioners, neonatal nurses, neonatal nutritionist, and practicum participants will attend these rounds.