How Are We Doing?
As shown in the Radar Chart (at upper right), The Menninger Clinic continues to perform very well indeed. Through the first half of our fiscal year, we are achieving or surpassing most of our ambitious goals for the year to date. Congratulations to Team Menninger on this strong performance.

Menninger Welcomes New Faculty
I am thrilled to welcome the following faculty to our Menninger Team.

**M. Justin Coffey, MD**, joins us as Medical Director of the Brain Stimulation Program and as Director of Medical Informatics. Justin is a graduate of the University of Chicago (BA, History, Philosophy & Social Studies of Science and Medicine, 2002), where he also earned his MD (2006). Justin subsequently completed his residency in psychiatry at the University of Michigan (2010), serving as Chief Resident in academic year 2010. Justin is board certified in psychiatry and in neuropsychiatry. Justin comes to us from the Henry Ford Health System in Detroit where he was Medical Director of the Consultation-Liaison Service, as well as Director of the Brain Stimulation Service, and where he also led the implementation to the EPIC electronic medical record across the entire mental health system.

**W. Blake Haren, MD**, returns to The Menninger Clinic as Medical Director of the Adult Division. Many of you will recall Blake was on our faculty from 2012-2014.

A University of Tennessee graduate (BS, Spanish Literature), he earned his medical degree at James H. Quillen College of Medicine at East Tennessee State University in 1997. Blake completed the combined medicine and psychiatry residency at the Medical University of South Carolina and later served as the training director of that combined residency. Blake is board certified in psychiatry, internal medicine and psychosomatic medicine.

**Colleen O’Byrne, PsyD**, joins the Menninger Team as Staff Psychologist on our Hope Unit. Colleen received her PsyD degree from The George Washington University and completed her clinical internship at Albert Einstein College of Medicine, Bronx Psychiatric Center, and fellowships at the New York Psychoanalytic Society and Institute, and the Baltimore-Washington Center for Psychoanalysis. She recently worked as a psychologist for the military at Fort Belvoir Community Hospital in Virginia and prior to that worked at St. Elizabeth’s Hospital in Washington, DC.

Menninger New Home to ANPA
I am delighted to announce a new partnership between The Menninger Clinic and the American Neuropsychiatric Association (ANPA), with Menninger serving as the new international headquarters of this Association. The ANPA is the world’s premiere...
organization for health professional interested in brain-behavior relations. I am a Past President of ANPA and continue to serve as an Executive Director and as its Treasurer. The ANPA home office is located in our Commons Building and is led by ANPA Administrative Director Kelly M. Coffey, BA.

Addiction Affects Entire Family
According to the National Association for Children of Alcoholics, 43 percent of adult Americans were exposed as children to a family member suffering from problems with alcohol. In recognition of National Children of Alcoholics Week, February 8-14, John J. O’Neill, LCSW, LCDC, CAS, Director of Menninger Addiction Services, reminds us that truly effective treatment for addiction must involve the entire family system. “At Menninger, that philosophy is translated into a biopsychosocial approach to addiction care that involves the family in education, support and therapy,” says O’Neill. “When we understand the influence of addictions on the entire family system, we advance treatment and transform lives through hope and support.”

Menninger Celebrates Go Texan Day
On Friday, February 27, all Menninger teammates are invited to celebrate Go Texan Day by wearing your favorite Western attire to work. Acceptable clothing includes Western-style shirts, pants, skirts, boots and hats. All attire must be clean, with no tears, and otherwise in accordance with our Professional Appearance Policy. (Please contact your manager with questions.) Let’s have some fun, but please leave your horses, lassoes and spurs at home.

Menninger Advances Knowledge
In a recent publication, investigators at Menninger found that our inpatient treatment was associated with clinically significant improvement in emotional regulation, a core feature of many psychiatric disturbances. Their findings also suggested that such improvement may be enhanced when treatment is targeted at behaviors such as experiential avoidance.

Menninger in the News
- John O’Neill, LCSW, LCDC, CAS, Director of Addiction Services, was a guest January 16 on NPR local news’ “Houston Matters” show, where he discussed social media and mental health.
- On January 19, Great Britain’s National Health Service launched a new initiative to eliminate suicide, based upon a model of Perfect Depression Care that my Team and I developed in Detroit. I gave several live interviews on BBC Radio describing this model and its implementation in Great Britain.

Transitions
Please join me in welcoming Meloney Brackett, SPHR, Interim Director of Menninger Human Resources. Meloney will conduct an extensive analysis of our HR needs and assist us in developing a plan to address them. During this consultative period, Meloney will also manage our daily HR operations.

Featured Events
- **February 18**—Houston Psychiatric Society meeting, “Pursuing Perfect Depression Care,” presented by C. Edward Coffey, MD, Trevisio.
- **May 1**—The Second Annual John M. Oldham National Mental Health Symposium, “The Problem of Trauma: Discovering Resilience,” Sugar Land Marriott.
- **May 7**—The Menninger 2015 Annual Signature Luncheon with Richard Dreyfuss, honoring the Mental Health Channel, Westin Galleria Hotel. For information, call our Office of Development, 713-275-5180.

Links to Topics of the Month
- **February 8-14**—National Children of Alcoholics Week
- **February 22-28**—National Eating Disorders Awareness Week

Menninger Celebrates Diversity
- **February 1**—National Freedom Day
- **February 12**—Lincoln’s Birthday
- **February 14**—Valentine’s Day
- **February 16**—President’s Day

To suggest an announcement, please email me at ecoffey@menninger.edu.

Wishing you lots of love this Valentine’s Day, as well as a great month.

Ed Coffey, MD
“There is no health without mental health.”