**Grand Rounds**  
**Wednesday, April 8th**  
10:30 – 11:30 AM

BCM Medical Center - McNair Campus  
Bobby R. Alford Educational Center / Conference Rooms A & B

(Broadcast at The Menninger Clinic, Classroom(s): 5128 & 5130, Ben Taub/HHS, Conference Room: 2.133, NPC, 2nd Floor, and Texas Children's Hospital, Clinical Care Center, Conference Room # D1740.27)

“Transcranial Magnetic Stimulation (TMS): Why It Is An Important Treatment Option to Consider”

**Kimberly Cress, M.D.**  
Psychiatrist, Private Practice  
Sugar Land, Texas

Objectives: At the conclusion of this session, participants should be able to:
- identify when TMS (Transcranial Magnetic Stimulation) should be considered a treatment option and why.

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**Presentations • Publications • Congratulations**


- **Publications**: The following articles were published in the Psychiatric Annals, Vol. 45, No 2, February 2015:
- Asim A. Shah, M.D., Imran S. Khawaja, M.D., and Awais Aftab, M.D.: “Are Psychotropic Drugs Safe to Use During Pregnancy?”

- Asim A. Shah, M.D. and Awais Aftab, M.D.: “Are Psychotropic Drugs Safe to Use During Lactation?”


Wednesday, April 15th

The Alexander Award Grand Rounds Lecture

Laura Roberts, M.D.
Stanford University School of Medicine

“In Becoming a Physician…Well-being and Professionalism Among Physicians-in-Training”

10:30 – Noon

Cullen Auditorium

Friday, May 1st

John M. Oldham National Mental Health Symposium

"The Problem of Trauma: Discovering Resilience"

7:00 AM – 5:00 PM

Sugar Land Marriott Town Square
The Department is making efforts to facilitate mentoring for junior faculty. Below is a list of organized ongoing efforts:

A. **Early Career Faculty Liaison** Dr. Mariella Self, mmself@texaschildrens.org

Any early career faculty member in our Department (Psychology, Psychiatry, and Social Work) is welcome to contact Mariella Self for assistance with mentoring or resource needs.

B. **Texas Regional Psychiatry-Psychology Minority Mentor Network—TRPMMN**

Director of TRPMMN, Dr. Toi Harris toih@bcm.edu (BCM), and Assistant Director, Kathy Scott-Gurnell kathy.scott-gurnell@uth.tmc.edu; (UTHSC-H).

Multiple faculty members from BCM, UTHSC-H and the community are actively involved in the planning and implementation of events.

The TRPMMN was established in 2007 as a regional extension of the American Psychiatric Association's (APA) National Minority Fellowship Program. APA’s Office of National and Minority Affairs, Baylor College of Medicine, the University of Texas-Health Science Center, national and community partners have joined to participate in this collaborative effort. The goals are three-fold: 1) To create educational, mentoring, and career opportunities for members of underserved or underrepresented groups; 2) To support programming that assists with the reduction of mental health disparities; and 3) To promote the acquisition of cultural competency in all areas of medical education.

This network provides small-group mentoring for junior faculty, residents, and medical students. Sponsored activities include mentor dinners, a fall retreat with skills training and networking opportunities, cultural competence educational and outreach activities, recommendations for department activities (e.g., Grand Rounds speakers), and recruitment, retention and promotion efforts throughout the year.

C. **Houston Women’s Psychiatry Group—HWP** (Faculty Advisors: Dr. Toi Harris toih@bcm.edu, Dr. Alice Mao amao@bcm.edu, and Dr. Anu Matorin matorin@bcm.edu (BCM Faculty Advisors) and Dr. Sherri Simpson sherri.simpson@uth.tmc.edu and Dr. Katherine Cowan katherine.a.cowan@uth.tmc.edu (UTHSC-H Faculty Advisors)

In 2006, the Houston Women’s Psychiatry Group was established by women resident leaders (Nathalie Marie, M.D., Lindsay Raymer, M.D., Rhoda Seplowitz, M.D., Robbie Wright, M.D., Valdesha Ball, M.D., Chanda Myers-Elder, M.D., Ayanna Brown, M.D., Sherri Simpson, M.D. and Rebecca Farinas, M.D.) and faculty advisors from Baylor College of Medicine and the University of Texas Health Science Center-Houston. This group meets quarterly, and their objectives include addressing issues pertaining to careers in psychiatry, balance of professional and personal demands, and leadership in academic and non-academic settings. Group mentorship and informal individual mentor relationships have resulted in scholarly contributions, career guidance and support. Liaisons with organized psychiatry organizations such as the Association of Women Psychiatrists and the American Psychiatric Association are underway.

D. **Department Research Committee** (Chair, Dr. Tom Kosten, kosten@bcm.edu; Co-Chair: Dr. Melinda Stanley, mstanley@bcm.edu)

This committee continues to pair early career faculty who are interested in research with senior mentors who have related expertise. Any junior faculty member who is interested in getting more involved in research may contact Drs. Kosten or Stanley.

E. **Faculty Appointments and Promotions Committee** (Chair: Dr. John Oldham, joldham@bcm.edu)

As part of the annual review process in fall 2007, faculty was queried with regard to mentorship. On the Annual Review Form, junior faculty was asked to indicate whether or not they consider someone in the Department to be a mentor. Senior faculty was asked to name any faculty for whom they provide mentoring. A list of these pairs has been created. In addition, during the annual review of faculty and appointment of new faculty, this Committee is working to identify potential mentor pairs.

F. **FHSR Seminars** (Dr. Geri Adler, jadler@bcm.edu)

The Thursday Seminars are designed to enhance the training experiences of Center-affiliated trainees. The weekly seminar series are especially focused on their needs and interests. The series includes three distinct formats: foundations in health service research, career development topics and fellow-led forums. The series are available September through May.
Million Veteran Program: A Partnership With Veterans  
Dates: 06/03/2011 – 06/03/2016  
Sponsor: Department of Veterans Affairs  
PI: Rayan K. Al Jurdi, M.D.  
E-mail: rayan.aljrdi@va.gov

MEMRI-TBI-D Study: Multicenter Evaluation of Memory Remediation After Traumatic Brain Injury with Donepezil  
Dates: 10/01/2013 – 09/30/2018  
Sponsor: Department of Education/NIDRR  
PI: David B. Arciniegas, M.D.  
E-mail: david.arciniegas@bcm.edu

Texas TBI Model System of TIRR  
Dates: 10/01/2012 – 09/30/2017  
Sponsor: NIDRR  
Co-I/Medical Director: David B. Arciniegas, M.D.  
E-mail: david.arciniegas@bcm.edu

Expanding the Horizons of Geriatric Psychiatry Care Using an Interdisciplinary Approach in Education and Curriculum Development  
Dates: 09/01/2012 - 08/31/2015  
Sponsor: HRSA-Bureau of Health Professionals  
PI: Ali Abbas Asghar-Ali, M.D.  
E-mail: asgharal@bcm.edu

Inpatient & Outpatient Evaluation: Effects of E-cigarettes in Nicotine-Dependent Cigarette Smokers  
Dates: 07/01/2014 – 06/30/2015  
Sponsor: NCI  
Overall PI: C. Kent Osborne, M.D.  
Project PI: Richard De La Garza, Ph.D.  
Co-I: Ramiro Salas, Ph.D.  
Co-I: Jin Yoon, Ph.D.  
E-mail: rg12@bcm.edu  
E-mail: rsalas@bcm.edu  
E-mail: jin.ho.yoon@uth.tmc.edu

Human Methamphetamine Vaccine: Translational Avante Garde Award  
Dates: 09/30/2011 – 08/31/2016  
Sponsor: National Institute on Drug Abuse  
PI: Thomas R. Kosten, M.D.  
E-mail: kosten@bcm.edu

Doxazosin and Nepicastat Outpatient Cocaine Trials  
Dates: 09/01/2009 – 5/31/2015  
Sponsor: National Institute on Drug Abuse  
PI: Thomas R. Kosten, M.D.  
E-mail: kosten@bcm.edu

Stimulant Pharmacotherapy: Noradrenergic Targets  
Dates: 09/27/2004 – 05/31/2015  
Sponsor: National Institute on Drug Abuse  
PI: Thomas Kosten, M.D.  
E-mail: kosten@bcm.edu

Agression Prevention Training for Caregivers of Persons with Dementia  
Dates: 09/03/2014 – 06/30/2019  
Sponsor: NIH/NINR  
PI: Mark E. Kunik, M.D.  
E-mail: mkunik@bcm.edu

Partners in Dementia Care" to Create a Dementia-Capable System of Care For Ohio Veterans and Their Family Caregivers  
Dates: 09/30/2013 – 09/24/2015  
Sponsor: Administration on Aging  
PI: Mark E. Kunik, M.D.  
E-mail: mkunik@bcm.edu

A Phase 2a Study to Evaluate the Kappa Opioid Receptor as a Target for the Treatment of Mood and Anxiety Spectrum Disorders by Evaluation of Whether LY2456302 Engages Key Neural Circuitry Related to the Hedonic Response"  
Dates: 08/29/2013 – 06/28/2015  
Sponsor: NIMH  
PI: Sanjay Mathew, M.D.  
E-mail: sjmathew@bcm.edu

Optimization of IV Ketamine in Treatment-Resistant Depression  
Sponsor: National Institute of Mental Health  
PI: Sanjay J. Mathew, M.D.  
E-mail: sjmathew@bcm.edu

Efficacy and Tolerability of Riluzole in Treatment-Resistant Depression  
Dates: 08/01/2010 – 04/30/2015  
Sponsor: National Institute of Mental Health  
PI: Sanjay J. Mathew, M.D.  
E-mail: sjmathew@bcm.edu
Investigation of Neurotrophic Factors and Peripheral Biomarkers (scientific supplement to above Riluzole study)
Dates: 08/01/2010 – 04/30/2015
PI: Sanjay J. Mathew, M.D.
Co-PI: Colin Haile, Ph.D.
Sponsor: National Institute of Mental Health
E-mail: sjmathew@bcm.edu
E-mail: chaile@bcm.edu

Family Psychoeducation for Iraq and Afghanistan War Veterans with Post Traumatic Stress Disorder
Dates: 10/01/2012 – 09/30/2015
PI: Bengi Melton, M.D.
Coordinator: Christine Jacobsen, M.A., M.Ed.
Sponsor: Suicide Prevention Initiatives
E-mail: bengi.melton@va.gov
E-mail: jacobsen@bcm.edu

Clinical Research Education for Drug Abuse Professionals
Dates: 03/01/2011 – 02/29/2016
PI: Thomas Newton, M.D.
Sponsor: NIDA
Email: tnewton@bcm.edu

Multimodal Imaging of Reward Brain Centers in Tobacco Smoking Veterans"
Dates: 09/01/2014 – 08/31/2017
PI: Ramiro Salas, Ph.D.
Sponsor: Department of Veterans Affairs
Email: rsalas@bcm.edu

Role of Habenula in Tobacco Addiction
Dates: 08/01/2010 – 05/31/2015
PI: Ramiro Salas, Ph.D.
Sponsor: National Institutes of Health
Email: rsalas@bcm.edu

Calmer life: Treating Worry Among Older Adults in Underserved, Low-income, Minority Communities
Dates: 11/01/2014 – 10/31/2017
PI: Melinda Stanley, Ph.D.
Sponsor: PCORI
Email: mstanley@bcm.edu

Intranasal Oxytocin: A Neuropharmacological Intervention for Maternal Neglect?
Dates: 07/01/2010 – 06/30/2015
PI: Lane Strathearn, M.D., Ph.D.
Sponsor: National Institute of Health
Email: lanes@bcm.edu

Religious/Spiritual Struggle as a Fork in the Road Toward Growth or Decline: Setting the Stage for Healing and Transformation
Dates: 07/01/2013 – 06/30/2016
PI: Ellen Teng, Ph.D.
Sponsor: John Templeton Foundation
Email: eteng@bcm.edu

A Randomized, Double-Blind, Placebo-Controlled Study of the Efficacy, Safety, and Tolerability of STX209 (Arbaclofen) Administered for the Treatment of Social Withdrawal in Adolescents and Adults with Fragile X Syndrome
Dates: 2012-
PI: Diane Treadwell-Deering, M.D.
Sponsor: Seaside
Email: dianet@bcm.edu

Dates: 2012-
PI: Diane Treadwell-Deering, M.D.
Sponsor: Seaside
Email: dianet@bcm.edu

A Randomized, Double-Blind, 12 week, Parallel Group, Placebo-Controlled Study of the Efficacy and Safety of RO4917523 in Patients with Fragile X Syndrome
Dates: 2012-
PI: Diane Treadwell-Deering, M.D.
Sponsor: Roche
Email: dianet@bcm.edu

An Open-Label Extension Study to Evaluate the Safety, Tolerability and Pharmacokinetics of STX209 (Arbaclofen) in Subjects with Fragile X Syndrome
Dates: 2012-
PI: Diane Treadwell-Deering, M.D.
Sponsor: Seaside
Email: dianet@bcm.edu

A Randomized, Parallel Group, Double-Blind, Placebo-Controlled, Safety and Exploratory Efficacy and Pharmacokinetic, Study of RO4917523 in Pediatric Patients with Fragile X Syndrome
Dates: 2012-
PI: Diane Treadwell-Deering, M.D.
Sponsor: Roche
Email: dianet@bcm.edu
A Randomized, Double-Blind, Placebo-Controlled, Parallel Group Study to Evaluate the Efficacy and Safety of AFQ056 in Adolescent Patients with Fragile X Syndrome
Dates: 2012-
PI: Diane Treadwell-Deering, M.D.
Sponsor: Novartis
E-mail: dianet@bcm.edu

A Randomized, Double-Blind, Placebo-Controlled, Parallel Group Study to Evaluate AFQ056 in Adult Patients with Fragile X Syndrome
Dates: 2012-
PI: Diane Treadwell-Deering, M.D.
Sponsor: Novartis
E-mail: dianet@bcm.edu