How Are We Doing?
The Menninger Clinic is off to a solid start in FY 2017. As shown in the Radar Chart above, we are on track to accomplish our Wildly Important Goals (WIGS) for the year. Of note, leadership is doing a good job of controlling expenses, which has helped us to succeed financially despite volumes that were behind plan for July.

Menninger Welcomes Wayne Goodman, MD, New BCM Chair of Psychiatry
I am pleased to welcome Wayne Goodman, MD, as the new Chair of the Department of Psychiatry & Behavioral Sciences at the Baylor College of Medicine (BCM). Wayne most recently served as chair of psychiatry at the Ichan School of Medicine at Mount Sinai, as well as Chair of the Behavioral Health System at Mount Sinai Hospital (2009-2016). Wayne received his medical degree from Boston University school of medicine in 1981 and went on to complete his residency training at Yale University.

Prior to his appointment at Mount Sinai, Dr. Goodman served as Director of the Division of Adult Translational Research and Treatment Development at the NIMH (2007-2009), and before that was Chair of the Department of Psychiatry at the University of Florida College of Medicine (1998-2007). Wayne is a funded scientist with several active protocols, including the use of deep brain stimulation (DBS) in severe mental disorders.

We will be welcoming Wayne in person here on the Menninger campus in the near future, details to follow.

Menninger Enhances Compensation and Benefits for FY 2017
I am delighted to announce that Menninger has implemented several enhancements to compensation and benefits for staff in FY 2017. Eligible Menninger employees have received up to a 3% market increase to their base compensation, keeping us well in line with the Houston market. In addition, for the second consecutive year Menninger has not increased employee health premiums, despite projections that costs would increase by ~$470 per employee this calendar year.

We invite all employees to accept these salary and benefit enhancements as a sign of our appreciation for your commitment to pursuing perfect care, as well as an indication that Menninger is indeed the “Best Place to Work!”

Kudos
Cory Walker, DO, Staff Psychiatrist and Internist on CPAS, has been elected President-elect of the Medical Staff. In this role, Dr. Walker will apprentice with Sylvia Gonzalez Cruz, MD, the current President of the Medical Staff, in preparation for assuming the role of President next year.

Menninger Brings ECT To Campus
Following the ushering in of September, we will relocate Menninger’s ECT Service from Crosspoint Surgery Center to the our campus. Space on the Hope unit has been converted into a patient-centered procedure suite where inpatients and outpatients will receive ECT consultations and treatments.

This interim location on Hope enables Menninger to provide family-centered ECT care more effectively and efficiently, in particular by obviating the need to transport patients into the community. Ultimately the location for the ECT suite will likely be the planned outpatient and research building. The Baylor College of Medicine Department of Anesthesiology will provide anesthesia services, making the ECT Service the first collaboration between Menninger and the Baylor St. Luke’s Medical Center. Menninger’s Jaime Lovelace, RN, has been appointed the interim ECT Nurse Leader.

The ECT Service will open its doors on Monday, September 19, and will host an open house for Menninger staff on Friday, September 16, from 2-4 pm.

Bidding Adieu to the Flu
The flu can be a devastating illness in the health care setting to
patients, staff and families alike. In accordance with The Joint Commission guidelines on flu vaccinations for health care workers, our goal this year is for 90% of faculty, staff, trainees and students to receive the vaccine. Employees will be required to sign a consent/declination form, and declinations will be considered for medical, religious and conscientious objector reasons. Those whose declinations are not approved will be required to complete a training course and encouraged to reconsider the vaccine. This important patient safety initiative will ensure we are doing everything we can to keep patients, employees and families safe and healthy throughout the flu season. *Ed Poa, MD, and Andrea Preisinger, SPHR*

**Menninger Advances Knowledge**

In July, Menninger investigators made important contributions to the scientific literature.

- **M. Justin Coffey, MD,** and colleagues offer plastic surgeons a set of practice approaches to screening for and managing potentially suicidal patients. *(Journal of Psychiatric Practice, July 2016, 22(4), 333-335)*
- **Chris Fowler, PhD,** and colleagues found adult inpatients demonstrated substantial improvement in experiential avoidance and emotion dysregulation during intensive treatment. *(Journal of Affective Disorders, July 2016, 206, 224-231)*
- **Alok Madan, PhD, MPH,** and colleagues added to the limited research examining adolescents’ satisfaction with inpatient psychiatric care. Overall, adolescents and parents gave favorable ratings of care. *(Journal for Healthcare Quality, July/August 2016, 38(4), e-19-28)*

View other important contributions to the medical literature by our faculty and staff on our [website](#).

**Menninger Celebrates Diversity**

- September 11—Eid al-Adha, Muslim festival of sacrifice
- September 22—Emancipation Day

**Links to Topics of the Month**

- September—National Alcohol and Drug Addiction Recovery Month, National Healthy Aging Month, World Alzheimer’s Month, Pain Awareness Month
- September 5-11—National Suicide Prevention Week

**Featured Events**

- September 5—Free Yoga for Houstonians at The Gathering Place
- October 7—*Advances in Clinical Psychiatry: Treatment-Refractory Depression*. Presenters: The Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine, and Menninger.
- October 17-18—*Ed Coffey, MD,* is the featured speaker for inaugural Houle Memorial Education Series, University of New Mexico School of Medicine. In multiple forums, Dr. Coffey will address community leaders of Albuquerque, Santa Fe and San Felipe Pueblo regarding the public health problem of suicide, as well as the progress being made by New Mexico’s Suicide Prevention Initiative. In addition, Dr. Coffey will lead workshops on his innovative Perfect Depression Care model of mental health care and its audacious goal of Zero Suicide.

Have a restful Labor Day holiday, and a great month.

*Ed Coffey, MD*

“There is no health without mental health.”

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**Contributions & Longevity Celebrated**

Last month, luncheon and breakfast celebrations honored 43 faculty and employees for five, 10 and 30 years of service to Menninger. Honorees’ managers and members of the Executive Team participated in thanking the staff for their contributions to Menninger.

**Progress on Electronic Health Record**

On August 26, the Information Management Steering Committee finalized and distributed a formal request for proposal (RFP) for Menninger’s electronic health record (EHR). More than two dozen EHR vendors have been invited to bid on the RFP, and all bids received will be reviewed and scored in early October. A small number of finalists will be invited to deliver on-site product demonstrations for all staff in early November. *Justin Coffey, MD, and Tina Baugh*

**Program Updates**

- **Brenda Garza, PMHNP-BC, RN,** joins The Menninger Clinic as a Psychiatric Nurse Practitioner with the Hope and Compass Programs. As many of you may know, Brenda was most recently a staff nurse on our CPAS Team.
- **Lindsey Hogan, PhD,** joins the Compass Program as Staff Psychologist, following completion of her postdoctoral studies on our Hope Program. Dr. Hogan is a graduate of Baylor University (BA, Psychology; MA, Clinical Psychology) and the University of North Texas (PhD).

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*Menninger is affiliated with Baylor College of Medicine.*