AROMATASE INHIBITORS

Aromatase inhibitors are tablets that are taken once daily to lower the amount of circulating estrogen in the body. They should be taken at approximately the same time each day. There are three aromatase inhibitors available on the market:

ARIMIDEX (Anastrozole)
FEMARA (Letrozole)
AROMASIN (Exemestane)

Possible Side Effects:

- Hot flashes and night sweats – usually mild, decrease with time
- Vaginal dryness
- Risk of decrease bone density
- Joint pain and stiffness

These are the most common side effects for this medication. Talk to your healthcare provider if your symptoms become difficult to manage. If you experience a fever of 100.4 or more report to the emergency room and notify your doctor’s office: 713-566-3552 (English) or 713-566-3551 (Spanish).