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Values
Respect, Integrity, Innovation, Teamwork, Excellence

Vision
Improving health through science, scholarship and innovation

- Discover the fundamentals of human disease and health
- Invest in the human and technological resources necessary for innovation
- Reach the community locally and globally
- Educate generations of life-long learners dedicated to excellence in biomedical research, patient care and education
- Create the learning health delivery system of the future
- Translate our discoveries into new diagnostics, treatments and cures

Mission
Baylor College of Medicine is a health sciences university that creates knowledge and applies science and discoveries to further education, healthcare and community service locally and globally.
On behalf of the faculty, residents, and staff of the Department of Family and Community Medicine, I am pleased to present to you our FY2015 Annual Report. As you flip through these pages you will learn why I am proud to lead this department.

While Family Medicine faces challenges as the discipline adapts to the changing needs of its patients, the department stands at the forefront of primary care with comprehensive care, academic innovation, and excellent research.

Baylor Family Medicine, the private practice of the Department of Family and Community Medicine, operates two clinics sites: 3701 Kirby Drive, Suite 100, and the Baylor Clinic, 6620 Main Street, Suite 1250. With the initiation of same-day appointments and walk-ins welcome, Baylor Family Medicine has experienced growth over the past fiscal year.

Our Family Medicine Residency Program recruits the highest quality graduates; world-class educators and clinicians train our residents and students with the latest innovations and tried-and-true delivery of care.

Our Research Mission Area is growing in numbers of faculty and in funding. Work on our Fetal Alcohol Spectrum Disorders-Practice and Implementation Centers (FASD-PIC) grant from the Centers for Disease Control and Prevention (CDC) is in full swing. Dr. David Buck, Professor and President of Healthcare for the Homeless-Houston, has been the recipient of new grants to develop an integrated care model of healthcare delivery to the homeless population of Houston.

Because of faculty and staff efforts, this year we were able to restructure the department, successfully returning the bottom line to the black. I want to thank everyone for all of their hard work.

The department is proud to present our Annual Report which summarizes departmental programs and services, and highlights our work to realize Baylor’s Mission, Vision, and Values.
The Department of Family and Community Medicine offers full primary care services at the Baylor Family Medicine Clinics at 3701 Kirby Drive, Suite 100, and at Main Baylor, 6620 Main Street, Suite 1250. We see patients of all ages Monday through Friday from 7:30 AM to 4:30 PM. Same-day appointments are available and walk-ins are always welcome at both of our clinics. Express Care Center (ECC) at Main Baylor Clinic provides a full range of services for acute minor illnesses for any patient, no matter if their primary care provider is within our group or not.

Baylor Family Medicine faculty includes 14 family physicians (Matthew Horsfield, MD; Camille Leugers, MD; Tomas Lumicao, MD; Owen McCormack, DO; Jennifer Okoh, MBBS, MPH; Brett Perkison, MD, MPH; Hamisu Salihu, MD, PhD; Mohamad Sidani, MD, MS; Jeffrey Steinbauer, MD; Irvin Sulapas, MD, CAQSM; Angie Sung, MD; Elizabeth Tran, MD; Simon Whitney, MD, JD; and Roger Zoorob, MD, MPH). Three physician assistants (Lindsey Frachtman, MMS, PA-C; Elisa Rivera-Hayes, MS, PA-C; and Isabel Valdez, MPAS, PA-C), a nutritionist (Luis Rustveld, PhD, RD, LD), a psychologist (James Bray, PhD), and a social worker (Sandra Gonzalez, MSSW, LCSW) round out the list of practitioners who provide comprehensive care. While all of our physicians are board certified in Family Medicine, Dr. Sidani is additionally certified in Geriatric Medicine, Dr. Sulapas in Sports Medicine, and Drs. Salihu and Perkison in Occupational Health.

Baylor Family Medicine seeks certification as a Patient Centered Medical Home (PCMH) by the National Committee for Quality Assurance (NCQA). Patient-centeredness is our goal, and delivering the highest standard of care is our approach. Along with PCMH, the clinics are implementing the Integrated Care Model, the systematic coordination of primary care and behavioral healthcare. Integrating mental health and primary care services produces the best outcomes and proves the most effective approach when caring for people with multiple healthcare needs.

during FY2015 Baylor Family Medicine Clinics started accepting walk-ins and same-day appointments for new and established patients. The number of patient visits in all of the Family Medicine clinics was 38,971 during FY15, an increase of 8%; the new visits increased by 16% and the established by 7% compared to FY 2014.
Expansion remains a key goal for our department and Baylor Family Medicine’s mission is to serve more patients and offer our services at more locations in the community. To that end, negotiations have concluded to staff employee health clinics at three Houston locations of Chase Bank:

- JPMorgan Chase Building 1111 Fannin Street, Houston, TX 77002
- Houston Contact Center 9900 Katy Freeway, Houston, TX 77055
- JPMorgan Chase Building 712 Main Street, Houston, TX 77002

Physicians and Physician Assistants will see Chase employees for acute illnesses and for wellness and prevention visits.

Beginning in July 2015, immigration medical examinations will be offered by Hamisu Salihu, MD, PhD at the Kirby Clinic. Dr. Salihu has been designated by the US Citizenship and Immigration Services (USCIS) as a “Civil Surgeon” and is qualified to perform immigration physicals.

hospital services

Dr. Sidani is the Chief of Service for the Department of Family and Community Medicine at Ben Taub Hospital (HCHD). The Service admits and follows adult patients, newborns, and pregnant women presenting for delivery. Fourteen full-time family physicians with faculty appointments at the Department of Family and Community Medicine at BCM run the service. In addition to patient care, these family physicians supervise, educate, and train Baylor Family Medicine Residents on the obstetrical and adult inpatient services. During the academic year 2014-2015, the service admitted 910 adult patients to the hospital and followed them until discharge. Physicians delivered 269 pregnant women and followed them and their newborns through the postpartum period.

Ben Taub Hospital

Mohamad Sidani, MD, MS
VICE CHAIR, Clinical Affairs
The Community Health Mission Area is dedicated to improving the health of medically underserved communities in the Houston/Harris County area through the provision of direct patient care at multiple clinical sites. While providing for our patients, Community Health Program (CHP) clinicians educate medical students, physician assistant students, family medicine residents, and nurse practitioner students, giving the students and residents first-hand experience in a safety net practice. Our faculty have partnered with Harris County Public Health and Environmental Services (HCPHES), Harris Health System, Healthcare for the Homeless Houston, MHMRA of Houston, the Santa Maria Hostel, and several other safety net organizations in order to fulfill our institution’s mission to further education and provide community service locally.

During FY2015 the Community Health Program successfully opened five permanent same-day clinic facilities within the Harris Health System and added 33 faculty physicians, nurse practitioners, and physician assistants. Our community health division currently has over 115 faculty members as they help to provide primary care to over 350,000 children and adults within Harris Health System, HCPHES, the Santa Maria Hostel and Healthcare for the Homeless Houston.

Community Health Program clinicians played a major role as the Harris Health System Healthcare for the Homeless Program was recognized as a Patient Centered Medical Home by the National Committee for Quality Assurance (NCQA) in May 2015. HHS was also awarded the 2014 Service Partners Award from the Coalition for the Homeless of Houston/Harris County on World Homeless Day in October 2014.
Community Health Centers

Casa de Amigos Health Center
Kenya Steele, MD
Medical Director

Martin Luther King, Jr. Health Center
Shelley Manning, MD & Samuel Willis, MD
Medical Directors

Gulfgate Health Center
Ann Gotschall, MD
Medical Director

Cypress Health Center
Elizabeth Bosquez, MD
Medical Director

Strawberry Health Center
Thomas Porter, MD
Medical Director

Northwest Health Center
Lisa Danek, MD
Medical Director

Vallbona Health Center
Phong Luu, MD
Medical Director
Research
MISSION AREA

Highlighting the research endeavor in FY2015 has been the promotion of a clear focus to increase faculty productivity, as evidenced by increased publications, successful grant awards, and presentations that promote the department research agenda. To achieve this goal, research faculty, clinicians, administrative faculty, and staff have been actively participating in research teams whose work embodies the aims of good science, scholarship, and innovation.

Striving to enhance the health of families and communities through rigorous and evidence-based research, we cover a wide range of research areas that include: Prevention, nutrition and health, health disparities, diabetes and obesity, alcohol disorders including fetal alcohol syndrome, substance abuse in primary care, epidemiology of tobacco use, antibiotic use and stewardship, medical education research, cost-effectiveness and comparative effectiveness research, community-based participatory research, and maternal and child health.

Hamisu Salihu, MD, PhD
VICE CHAIR, Research

To be recognized as a center of innovation in Family and Community Health research. We will attain that vision through the promotion of novel ideas and engaging in creative scientific inquiries that seek solutions to the health challenges facing families and communities in the 21st century.

Family Medicine and Community Health (FMCH), a Chinese journal published in English and dedicated to the promotion of global family medicine research, named Dr. Zoorob the Deputy Director of the Editorial Board. In that role, Dr. Zoorob led a team of department researchers to develop the Baylor College of Medicine Department of Family and Community Medicine-coordinated issue of FMCH entitled “Evidence-Based Approaches to Population Health and Family Practice.” Published in June, the publication included articles pertaining to immunizations, gun violence and congestive heart failure, among others.
Research Innovation: CHAT (Community Health Analytics Training) is an innovative experiment that began at the University of South Florida five years ago. CHAT is a virtually enhanced visual analytics platform designed to improve attention span among adult learners looking to acquire analytic skills. We have created and developed learning modules and are now refining them for patent attribution and commercialization. The approach uses skill set atomization and sensory coupling rooted in gender-voice alternation theory (GVAT), a theory under development by Dr. Salihu, and through which we anticipate improved learning processes and experience. It is pertinent to note that this initiative has the potential to change the learning process and the experience of the learner. The implementation of CHAT modules is extremely labor-intensive, requiring the development of scientific but engaging scripts, case-based studies of virtual analytics, high-quality audio recordings, engaging video graphics and screen recordings, assessments (e.g., quizzes/tests), and projects that facilitate practical application. The CHAT acts not only as a learning platform, but also integrates a research component that will elucidate critical behavioral pathways that tally with accelerated acquisition of analytic skills in adults. It will also define the linkages and interactions between technology and adult behavior and productivity.

Community-based Research: Through an NIH grant within the department (PI: Hamisu Salihu, MD, PhD), we are developing software for the generation of CPI (community priority index). The novel software receives input from members of the community or a group, and based on their preferences, computes CPIs and ranks health issues accordingly. To our knowledge, this is the first validated software for CPI derivation and will be of immense utility to researchers worldwide. The developmental process for the software has been published in a high-tech journal: Salihu HM, Salinas-Miranda AA, Paothong A, Wang W, King LM. Community-based decision making and priority setting using the R software: The community priority index. Computational and Mathematical Methods in Medicine. 2015;2015:347501.

Below are a few photographs from select conference presentations this year. Please refer to the publications and presentations sections beginning on page 25 for a more complete listing.
Baylor’s SEARCH Clinic was founded by Drs. Warren Holleman and Michael Crouch in 1994, with a Texas Higher Education Coordinating Board (THECB) grant of $200K/year for 4 years. In 1998, David S. Buck, MD, MPH, with the help of the University of Houston Graduate College of Social Work, Baylor College of Medicine, and the University of Texas Houston medical students, performed a needs assessment and developed a collaborative team of stakeholders in Harris County that launched the first student-coordinated free clinic in Texas: Houston Outreach Medicine Education Social Services (HOMES) began providing care on January 3, 1999 at a new site: Lord of the Streets.

To continue and expand upon the operations of the BCM/SEARCH clinic as the THECB grant was ending, a separate non-profit was founded in 1999: Healthcare for the Homeless – Houston (HHH) by Dr. Buck. The mission of HHH is to promote health, hope and dignity for Houston’s homeless through accessible and comprehensive care. In 2000, HHH was designated a 501(c)3 nonprofit organization and in 2001, was deemed Houston’s third Federally Qualified Healthcare Center (FQHC) by the Bureau of Primary Health Care. What began as a two exam room clinic with an adjacent dental chair has grown into three integrated primary care clinics, a three operatory dental clinic, jail and hospital inreach programs, a street medicine program, stabilization services within Permanent Supportive Housing, and a first-of-its-kind transportation project. HHH remains the only stand-alone FQHC in Houston that exclusively serves homeless patients. In 2014, HHH served 8,166 unique individuals via 27,296 patient visits, and has over 50 staff and 558 volunteers.
This is an exciting and unprecedented time for HHH and for our community, as we move away from crisis-based episodic care into a more wide-spread, coordinated approach to homelessness. Several initiatives aimed toward systemically improving care and reducing homelessness have been launched, and HHH plays a key role. The City of Houston is expanding Permanent Supportive Housing as a means of ending chronic and veteran homelessness. HHH was named a leader in this monumental endeavor for the provision of healthcare and stabilizing services. We are also currently working with Harris County as part of Texas Senate Bill 1185, focused on jail diversion, to expand our nationally-acclaimed Jail Inreach Project and use it as a model of care for a larger county-wide program. This initiative aims to reduce recidivism rates, especially for those who have been diagnosed with mental illness.

Based on high rates of comorbidity in our patient population, HHH continuously works to close the gap between primary care, mental health, and addiction services. Mental illness continues to be the most prevalent diagnosis in HHH clinics. An estimated 80% of those with mental health needs will accept care in a primary care setting but will not follow-up if referred to a mental health or addiction specialist. We therefore recently implemented the Primary Care Behavioral Health Consultation Model, which integrates behavioral health specialists into clinical care. Several FQHCs in the U.S. have incorporated this model; however, HHH is the first homeless healthcare center to do so. In the first year, this initiative has successfully increased our number of mental health visits by 370%, and we have been invited to present the successes of this model locally and nationally.

While the reported number of homeless Houstonians declines, the demand for HHH’s services is greater than ever before. To continue meeting the demand of the community and patients we serve, in November 2014 HHH purchased a building now under renovation to house our largest integrated care clinic, dental clinic, social services department, outreach teams, volunteer management, and administrative offices. The new space, which we will occupy in Fall 2015, will double the capacity of our current clinical space and enable HHH programming to maximize effectiveness.
Department faculty continued their extensive involvement in medical student education in family medicine in 2014-2015.

Dr. Alicia Kowalchuk served as Course Director for the first-year required Physician, Patient and Society (PPS) course, assisted by Drs. D. Dennis Myers and Eric Lee. Faculty who acted as small group facilitators and mentors for the 186 new students in their small groups include Drs. Jonnae Atkinson, Heather Bartsch, Thomas Masciangelo, Bich-May Nguyen, Eric Lee, and Minal Patel. In addition, 24 department faculty served as preceptors for PPS students at their clinical sites.

Under the guidance and direction of William Huang, MD, Clerkship Director, 177 second- and third-year students completed the required Family and Community Medicine Clerkship. Assisting Dr. Huang were Drs. John Rogers and Fareed Khan who led seminars for each rotation of students. Many department faculty precepted Clerkship students during the year. Below is a list of participating clinics and site leaders: Anjali Aggarwal, MD at Vallbona Health Center; Jonnae Atkinson, MD at Gulfgate Health Center; Kenneth Barning, MD and Rashmi Rode, MD at Strawberry Health Center; William Huang, MD at Northwest Health Center; Valerie Imperial, MD at Casa de Amigos Health Center; Brian Reed, MD at Martin Luther King Health Center; and Angie Sung, MD at Baylor Family Medicine-Kirby. Thank you for organizing the rotation for Clerkship students at these clinical sites.

The department continued to offer a number of preclinical and clinical electives during the year. Courses and course directors included “Compassion and the Art of Medicine” (Dr. Kenya Steele); “History of Medicine”
(Dr. Simon Whitney); “Nutrition Essentials for the Medical Student” (Dr. Elizabeth Vaughan); “Medical Spanish I & II” and “Health Services Research” (Dr. Valory Pavlik); “Immigrant Medicine” (Dr. Patrick McColloster); “Care of the Underserved” (Dr. Fareed Khan); and “Family Medicine Sub-Internship” (Dr. Patrice Latimer). In particular, the department contributed to the learning of students on the Care of the Underserved track. Twelve third-year students completed the Longitudinal Ambulatory Care Experience (LACE) Underserved Care pathway and seven fourth-year students completed requirements of the Care of the Underserved track before their graduation.

Department faculty were also actively involved in the Baylor’s Mentor program, which served groups of second-, third-, and fourth-year students. Drs. Jonnae Atkinson, Frene Lacour-Chestnut, Eric Lee, Thomas Masicangelo, Niraj Mehta, D. Dennis Myers, Bich-May Nguyen, Jennifer Okoh, Sherri Onyiego, Minal Patel, Yasmeen Quadri, John Rogers, Kenya Steele, and Samuel Willis served as mentors.

Although too numerous to mention here individually, a large number of department faculty precepted BCM students at their clinical sites for these various courses and electives. We thank them for their time and willingness to provide students with these learning opportunities. Students consistently report that time spent with their preceptor in the clinical setting is the most valuable aspect of these courses and electives.

Eight graduating students matched into family medicine residencies which they began in July 2015. Holly Hoey, MD received the Leonard D. Moise Excellence in Family Medicine award as the outstanding BCM student going into family medicine. Thank you to the many talented and motivated students dedicating yourselves to the service to others. You are the future of family medicine.

Medical student education faculty thank longtime coordinators, Elvira Ruiz and Carolyn Olson for their excellent work organizing courses and assisting the faculty.
On February 9, 2015 the ACGME’s Residency Review Committee for Family Medicine reviewed the program and conferred a status of “Continued Accreditation.” Because of our positive review and ACGME’s Next Accreditation System now in effect, the program’s next self-study cycle is not scheduled until October 1, 2023.

The end of FY2015 closed a five-year competitive grant awarded by HRSA which expanded curriculum development beyond the Patient Centered Medical Home model to include elements of the “Medical Neighborhood.” This award has stimulated an improved approach to resident-related quality improvement projects and research. The most recent product of this grant was shared via a poster at the Society of Teachers of Family Medicine (STFM) Spring Conference.

Residents continue to provide leadership in Harris Health System’s infant breast feeding initiative. That endeavor is nearing confirmation of Ben Taub General Hospital’s designation as “Baby Friendly.” Residents lead quality improvement strategies that have led to drug outreach and education in local schools, improved telephone encounter protocols, expanded prenatal high risk care, coordinated newborn follow up, and dedicated pediatric care panels. Presently, the residents are engaged in a research protocol designed to improve the understanding of diabetes by Spanish-speaking patients and their families.

As part of residency mission reporting, the ACGME 2015 survey reports that our program continues with an overall trend of improvement or maintenance in key areas. Additionally, resident and faculty satisfaction remains above the national average. Kudos to our entire team—residents, faculty, and staff alike!

The Family Medicine Residency Program remains dedicated to the development of physicians for practice in the 21st century, maintaining high educational standards, and providing enriched resident educational opportunities.
While the third Friday in March is the highlight of the medical student’s career, it is also a time of expectation for the residency program. We are glad to welcome six outstanding residents. Their intern year began on June 24, 2015.

Clockwise from top left: Shaker Hamadiya, MD (St. George’s University); Jordan Owens, MD (Ross University); Priyanka Chakrabarti, DO (Texas College of Osteopathic Medicine); Casey Tran, DO (Texas College of Osteopathic Medicine); Anayatzy Franco, MD (University of Illinois); Voke Eshareturi, MD (St. George’s University)

Graduation was held on June 26 at the Downtown Aquarium. Residents receiving special acknowledgement were: Dr. Kiet Truong, the recipient of the Society of Teachers of Family Medicine Resident Teaching Award and the Obstetrics Continuity Deliveries Award. Chosen by her peers, Dr. Lin Dai received the Ida and Taylor Pickett Award for having made the greatest contribution to the residency program.

FAMILY MEDICINE RESIDENCY PROGRAM Completers 2015

Left to right: Chandni Choudhary, MD; Sarah Ansari, MD; Tiyashi Choudhury, MD; Kiet Truong, MD; Prathibha Varughese, MD; Lin Dai, MD
Dr. Zoorob serves as Director of Faculty Development for the Department of Family and Community Medicine. As such, he oversees the three areas: Full-time Primary Care Research Postdoctoral Fellowship, the Part-time Faculty Development Fellowship, and Continuing Medical Education. Assisting Dr. Zoorob is Dr. Simon Whitney, the Director of Continuing Medical Education and Grand Rounds. The part-time Faculty Development Fellowship, supported in part by a grant from HRSA, is led by Co-Directors Dr. Brian Reed and Dr. James Bray (pictured below). The third branch of Faculty Development is the full-time Primary Care Research Fellowship, led by Dr. David Hyman, Professor and Chief of Medicine-General Medicine, and Dr. Valory Pavlik. Descriptions of the Faculty Development sections are below.

Part-time Faculty Development Fellowship

Faculty chosen for the faculty development fellowship are allowed 10% release time to enhance their academic skills by participating in seminars and workshops focused on teaching skills, evidence-based medicine and information mastery, research skills, leadership and professional development, professional and medical writing, and patient-centered medical home implementation. Fellows are required to do projects in teaching, professional development and medical writing. In addition, they develop a research proposal or PCMH project for their clinic. Fellows’ projects include:

- Positive Parenting and Early Childhood Education in Primary Care
  Frene’ LaCour-Chestnut, MD

- Development of International Score Card for Primary Care Integration and Programs (WHO project)
  Shannon Barkley, MD

- Ob-Gyn in Primary Care/Chronic Disease Management with Diabetes
  Rashmi Rode, MBBS

- Health Promotion and Health Disparities
  Jennifer Okoh, MBBS, MPH

- OB in Primary Care
  Deepa Somcio, MD

- Health Care for the Underserved: Improving the Quality of Health Care
  Kenneth Barning, MB, ChB

- Obesity Issues in Primary Care
  Seema Jabeen, MBBS
Primary Care Research Fellowship

The Baylor Primary Care Research Fellowship was established in 1998 with the awarding of a T32 training grant from HRSA. The fellowship provides a two- to three-year postdoctoral full-time experience that prepares trainees to develop and disseminate new knowledge regarding the optimal organization and delivery of primary care services to reduce health disparities among defined population groups, and to maximize the overall health status of the population. The fellowship is a joint effort of the Departments of Family and Community Medicine, Internal Medicine/Section of General Medicine and Section of Health Services Research, and Pediatrics. The Department of Family and Community Medicine is responsible for program administration.

The fellowship is open to physicians or other doctoral level individuals with an interest in pursuing a primary care research career. The curriculum consists of a 2- or 3-year individualized program of classroom instruction, mentoring, and supervised research and teaching activities.

Thirty-four fellows have completed the program thus far, and of these 22 are currently working in a medical school or other academic setting. Fourteen fellows have been appointed to the Baylor faculty after completing the fellowship. Entering its fifth year in July 2015, the fellowship is funded for a total of four positions each year.

During the 2014-2015 year, fellowship positions were filled with two first-year fellows, one second-year fellow, and one third-year fellow. These fellows carried out research projects related to effects of immigration on children’s dietary habits, detection and reduction of diagnostic errors in an electronic health records environment, and the role of initial medication regimen on control of type 2 diabetes in safety net clinics.
Continuing Medical Education for the department concluded a productive 2014-2015 season. Dr. Zoorob named Simon Whitney, MD, JD to succeed Jane Corboy, MD as director of departmental CME; both were assisted by James Bray, PhD and the Continuing Medical Education Committee. We had many informative Grand Round speakers (listed below). A special thanks to our own Dr. Heather Bartsch, who brought us up to date on adult immunizations.

FY2016 will bring something entirely new to our CME program: a completely non-commercial, practical, full-day Primary Care Update Conference Session. Please mark your calendars for Saturday, October 24, 2015 from 8:00 to 4:00. More details will follow.

08/26/2014 - Frank deGruy III, MD, MSFM
Advances in Implementing the Patient-Centered Medical Home

09/09/2014 - Charlene Flash, MD
Comprehensive HIV Prevention

10/14/2014 - Alireza Nazeri, MD
Current Recommendations for Treating Atrial Fibrillation and Atrial Flutter

11/11/2014 - Osiel Pena Jr, DC ACP
Osteoarthritis of the Knee: Clinical Pathways and Treatment Methods for Non-Traumatic Knee Pain

12/09/2014 - Heather Bartsch, MD
Update on Adult Immunization in the United States

01/13/2015 - Salim S. Virani, MD
The 2013 American College of Cardiology/American Heart Association Cholesterol Management Guidelines: A Case Based Discussion

02/10/2015 - Geeta Singhal, MD, MEd
Fullbright and Jaworski… Tips for Success

04/14/2015 - Melissa Yu, MD
Dementia Overview

04/21/2015 - Syed M. Ahmed, MD, MPH, DrPH, FAAFP
Advancing the Art & Science of Community Engagement

05/12/2015 - Fareed Elhaj, MD
Pathophysiology and Management of Hyperglycemia in Type 2 Diabetes Mellitus

06/09/2015 - Sumitra Khandelwal, MD
Primary Care Ophthalmology
Alicia Kowalchuk, DO, Assistant Professor, is board certified in both Family Medicine and Addiction Medicine, and serves as Medical Director of three programs which provide a range of substance use disorder (SUD) services: InSight, Santa Maria Hostel, and Houston’s Sobering Center.

InSight, the screening, brief intervention and referral to treatment (SBIRT) program for Harris Health at Ben Taub, LBJ, and Quentin Mease pavilions, identifies and assists patients with unhealthy substance use. Through the InSight Clinic, Dr. Kowalchuk and the InSight masters-level counselors also provide ambulatory addiction medicine and counseling services to Harris Health patients with SUDs.

Santa Maria Hostel provides a full spectrum of SUD treatment services (including medically managed withdrawal in a residential setting, residential and intensive outpatient treatment programs, and supportive housing and long term aftercare with recovery coaching) to primarily state funded women clients. Pregnant women and women with children are welcome, and children under the age of 12 may live on campus with their mothers during residential treatment. Santa Maria Hostel provides onsite babysitting and shuttle services to the local elementary school and daycare center. As Medical Director, Dr. Kowalchuk leads a team of providers and runs the medically managed withdrawal unit and on site CARE Clinic, which provides basic health maintenance and urgent care services to both the women clients and their children. A portion of Dr. Kowalchuk’s work at Santa Maria Hostel is sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) funded MIRRORS project that seeks to increase care integration for families effected by substance use disorders.

The Houston Recovery Center is a local government corporation established by the Houston City Council in May 2012. The Center for Sobriety, commonly known as the sobering center, opened its doors in 2013. Through staff training as well as policy and procedure development and implementation, Dr. Kowalchuk ensures that intoxicated clients brought in by local law enforcement personnel or referred from Houston-area emergency departments have a safe and positive sobering experience. In addition, Dr. Kowalchuk engages with referring partners to make clients’ transitions to the center as quick and comfortable as possible. The sobering center’s emergency medical technicians (EMTs) screen and monitor sobering clients for emergent health conditions, and peer recovery specialists engage clients in motivational discussions to assist them in making healthier choices about their substance use. Licensed counseling staff provide treatment matching services to clients needing and agreeable to receiving SUD treatment, and provide ongoing outreach and follow up for clients initially declining needed services.

Lastly, Dr. Kowalchuk’s work with the CDC-funded Baylor College of Medicine FASD Practice and Implementation Center includes FASD prevention, screening, identification, and referral curriculum development and dissemination with a focus on implementation within integrated family medicine practices.
Endowed funds, such as named chairs and professorships or scholarships, represent the financial bedrock of our institution and provide permanent funds to sustain Baylor College of Medicine’s mission. Endowed funds are managed as part of the College’s overall managed investment portfolio, which totaled approximately $1.0 billion as of June 30, 2014. These funds subsidize the work of our department by supporting faculty and trainees alike. The department is grateful to have two endowed professorships.

William W. O’Donnell, MD & Regina O’Donnell Chair in Family Medicine
Simon Whitney, MD, JD

After receiving a PhD from the University of Rochester (1945) and participating in the Manhattan Project during WWII, William Wallace O’Donnell entered Baylor College of Medicine in 1948. After graduation in 1952, he began a private practice in Houston that lasted until his retirement in 1988. In 2001 Dr. O’Donnell was honored by Baylor College of Medicine as Distinguished Alumnus of the Year. Since Dr. O’Donnell’s passing in 2006, Regina has spent her later years on the O’Donnell’s Bar O Ranch in Brenham raising commercial cattle.

Other endowments include:

- **Maye E. (Pat) and Alan Lambert, MD '52 Family and Community Medicine Endowment** - To support general education, teaching, and residency training programs in FCM
- **George J. and Lorwen L. Merriman Family Medicine Endowment Scholarship Fund** - Supporting residents’ expenses and continuing medical education
- **Dr. and Mrs. L.V. Pentecost Endowed Scholarship** - Supporting students and residents performing Christian mission work
- **Taylor T. Pickett Trust** - Funds for annual Taylor and Ida Pickett Award and other residency expenses. Administered by Houston Baptist Foundation
- **The Dr. Bonnie and Bettye Westbrook and Tom and Ina Sowders Endowed Scholarship in Family Medicine** - To support medical students and residents performing medical mission work
Distinguishing himself as a rancher, lawyer, legislator, sportsman, and conservationist, Richard Mifflin Kleberg, Sr. was one of the most famous Texans of the 20th century. In his memory, his descendants have endowed the Richard M. Kleberg, Sr. Chair of Family and Community Medicine at Baylor College of Medicine. Their ongoing support allows the department to remain true to the ideals of the discipline and find evermore opportunities to expand our knowledge, our capacity, and our responsibility to those we serve.
Facility of the Department have frequently been saluted for outstanding performance in the clinical sphere and for their educational, community, and research initiatives. We are proud to present honors received by our team members for their outstanding work.

Several of our faculty physicians received special recognition for their efforts in the Harris Health System. **Malvika Juneja, MD** was acknowledged as a Harris Health Innovator of the Year for her work with hemoglobin A1c point of care testing, diabetic group visits, and overall efforts to improve the care of our patients with diabetes mellitus. **Dr. Joy Blumenreich** and **Dr. Franchelle Bailey** were recognized as Harris Health Champion Providers of the Quarter due to their compassionate care and commendations from patients. **Drs. Sherri Onyiego, William Huang and Kamal Wagle** were chosen Harris Health Heros of the Quarter.

**Shannon Barkley, MD** was a recipient of the Emerging Leader Fellowship of the Society of Teachers of Family Medicine. 2014

**Sandra Gonzalez, MSSW, LCSW** was named President of the Tennessee Chapter of National Association of Social Workers. Her term will last until 2016.

**James H. Bray, PhD** was named President of the Texas Psychological Association in January 2015. In November 2014, the outgoing president presented Dr. Bray with the President’s Award for outstanding service to the Texas Psychological Association.
Congratulations to Baylor Family Medicine physicians Roger Zoorob, MD, MPH; Simon Whitney, MD, JD; Irvin Sulapas, MD; Jeffrey Steinbauer, MD; Tomas Lumicao Jr, MD; Camille Leugers, MD; and Matthew Horsfield, MD (left to right below) who have been named Houston’s Top Doctors by Houstonia Magazine.

Jason Salemi, PhD, MPH was selected to attend a special Course on Mathematical Sciences in Obesity Research at the University of Alabama (Birmingham). The course is offered through a National Institute of Diabetes and Digestive and Kidney Diseases grant (R25DK099080-01). June 2015

Niraj Mehta, DO was named Honorary Judge for Associates Day by ACP Southeast Chapter, UTMB Galveston. 2014

Valerie Imperial, MD was awarded the Underserved Populations Scholarship from the University of Arizona Integrative Medicine Fellowship Program. 2014-2016

Angie Sung, MD received the “That’s the Way” certificate of recognition for her dedication and exceptional service to patients. June 2015

Shannon Barkley, MD, the recipient of the the Leonard D. Moise Teaching Award, was chosen by residents who called her an “inspiring educator who empowers residents with knowledge, is great with positive criticisms and makes residents feel confident.”

Nageeb Abdalla, MD and Yasmeen Quadri, MD (below) are among those recognized for their contributions as the Harris County Hospital District Health Care for the Homeless Program was identified by the National Committee for Quality Assurance (NCQA) as a Patient Centered Medical Home (PCMH). Receiving recognition are three sites: Lord of the Streets (Program Level 1), Jackson Hinds Garden (Program Level 2), and Harmony House Respite Center (Program Level 3).
Grants are a vital source of funding as well as an opportunity to play a role in the broader knowledge base and collaborations in the health sciences. As our research initiative grows, so must our funding. The department has secured federal grants from the CDC, SAMHSA, HRSA, and NIMHD. State and local sources finance the Primary Care Innovation Center. We are happy to share a list of our current active grants:

Roger Zoorob, MD, MPH (PI) Fetal Alcohol Spectrum Disorders Practice and Implementation Centers (PICs). Centers for Disease Control and Prevention (CDC) FOA # CDC-RFA-DD14-1402 (09/30/2014 – 09/30/2018)

James Bray, PhD (Project Evaluator and Project Director for BCM contract) MIRRORS Maternal Initiative for Reflective Recovery-Orient Residential Services. Substance Abuse and Mental Health Services Administration (SAMHSA) 1H79TI025581 (09/30/2014 – 09/29/2017)

Fareed Khan, MD (PI) Patient Centered Medical Home (PCMH) PIN, Year 4. Health Resources and Services Administration (HRSA) D58HP20807 (07/01/2010 – 06/30/2015)

Valory Pavlik, PhD (David Hyman, MD – PI) Primary Care Fellowship. Health Resources and Services Administration (HRSA) T32HP10031

David Buck, MD (PI) Primary Care Innovation Center. Meadows Foundation. (03/01/2015 – 03/31/2016)

David Buck, MD (PI) Primary Care Innovation Center. Houston Endowment. (03/01/2015 – 03/31/2016)

David Buck, MD (PI) Primary Care Innovation Center. Harris County Budget Office. (03/01/2015 – 03/31/2016)


James Bray, PhD (PI) Faculty Development Grant. Health Resources and Services Administration (HRSA) D55HP23192 (09/30/2011 – 09/29/2016)


Jason Salemi, PhD, MPH (subaward) University of South Florida Birth Defects Surveillance Program. (11/01/2014 – 06/30/2015)


Scholarly publications are an indicator of the high level of productivity in the recent year, as the department has increased scholarly writing in FY2015, publishing in over 30 peer-reviewed journals and coordinating a special issue of Family Medicine and Community Health. Our research division, and clinical and academic faculty are encouraged to publish. They are provided with the support needed to develop a hypothesis into a study, and ultimately disseminate their findings. We appreciate their dedication and present below a list of this year's work.

books & book chapters


Zou WY, BA, Buck DS. Teaching homelessness in medical education. In Societal Ethics in Medicine. In press


Link A, Buck D. The need for an innovative approach to improve the health and well-being of street-level prostitutes. In Human Trafficking and Prostitution: Global Prevalence, Gender Perspectives and Health Risks. In press


**scientific articles**

Barkley SB. Primary Care Performance Assessment (PCPA): A systematic review. Report prepared for World Health Organization (WHO) in support of the Primary Health Care Improvement Partnership. 2015


Grigoryan L, Trautner BW, Gupta K. Diagnosis and management of urinary tract infections in the outpatient setting. *JAMA.* 2014;312(16):1677-1684


Huang W, Barning K, Grigoryan L. Student self-assessment of strengths and needed improvements during a family medicine clerkship. *Fam Med Community Health.* 2015;3(2):62-68


Ellis RA, MacMaster SA. Successful treatment planning for hoarding: Understanding compulsive acquisition as addiction. *J Hum Behav Soc Environ*. In press

Choi S, MacMaster SA, Morse SA, Adams S. Gender differences in treatment retention among individuals with co-occurring substance abuse and mental health disorders. *Subst Use Misuse*. In press


Martin-de-Nicolas A. McCulloster PJ. Vaccine refrigerator regulator with data logger and back-up power supply. *Procedia Vaccinol*. 2014;8:89-93


Perkison WB, Sidani M. A review of adult asthma and the effectiveness of educational programs in reducing symptoms. Fam Med Community Health. 2015;3(2):54-61


Sidani M, Harris J, Zoorob R. Adult immunization improvement in an underserved family medicine practice. Fam Med Community Health. 2015;3(2):2-7


Presentations at national and regional conferences as well as speaking invitations for interest groups allow our faculty, staff, and trainees the opportunity to share their recent and in-progress work. All department members are encouraged to present their ideas and findings regularly to benefit from these valuable opportunities for peer learning, networking, and collaboration, and raising awareness of the work of Baylor College of Medicine.


**Salemi JL, Tanner JP.** Ambient PM2.5 and nenzene during pregnancy: Estimating maternal exposure and associations with selected birth defects in offspring. Environmental Public Health Tracking Program Webinar on University Collaborations. Tallahassee, Florida. July 2014


**Pathak EB, Salemi JL.** Validating hospital discharge data: A patient centered outcomes research institute (PCORI) methods proposal. Evidence-Based Medicine Division Lecture Series. Tampa, Florida. August 2014


Salemi JL. Public health surveillance exemplified. Epidemiology Methods I. Tampa, Florida. September 2014


Bray JH. President’s Address: The future of psychology practice in the era of health care reform. Texas Psychological Association. Dallas, Texas. November 2014


Zoorob R. Screening mammography use among Medicare beneficiaries ages 65 to 74 years in 2005 to 2008. 142nd American Public Health Association Meeting and Exposition (APHA). New Orleans, Louisiana. November 2014


Huang W, Ruiz E. Family medicine clerkship students’ use of electronic health records: How involved are they? The Society of Teachers of Family Medicine 41st Annual Conference on Medical Student Education. Atlanta, Georgia. February 2015


LaCour-Chestnut F. Improving the quality of preventive health care in a resident continuity clinic via pre-visit planning. Society of Teachers of Family Medicine (STFM) Annual Spring Conference. Orlando, Florida. April 2015


Salihu H. Virtual analytics to improve community health and reduce disparities. HRSA Grantee Meeting. Washington, DC. April 2015


Brown A, Pavlik V. Selection of resources from a vaccination standing order program toolkit during a randomized trial to improve vaccinations in a PBRN. North American Primary Care Research Group (NAPCRG) PBRN Conference. Bethesda, Maryland. June 2015


Husaini BA, Levine RS, Moonis M. Stroke burden remains high for an American minority group: An analysis of 12 years of stroke data. World Congress of Stroke. Istanbul, Turkey. October 2014


Wang H. Recognition of patient-centered medical home (PMCH) and family medicine. West Lake International Conference of General Practice. Hangzhou, China. October 2014


Tanner JP, Salemi JL, Yu H, Kirby RS, Stuart AL. Sensitivity due to exposure estimation decisions of pregnant women’s exposures to ambient PM2.5 and benzene. 55th Teratology Society Annual Meeting. Montréal, Quebec, Canada. June 2015

Salemi JL, Tanner JP, Stuart AL, Yu H, Kirby RS. Associations between exposure to ambient benzene and PM2.5 during pregnancy and the risk of selected birth defects in offspring. 55th Teratology Society Annual Meeting. Montréal, Quebec, Canada. June 2015
Whitney S. Ethics of pain management. Featured presentation at Spinal Disorders Symposium, Houston Methodist Sugar Land Hospital. Sugar Land, Texas. September 2014

Ogbeide SA. Behavioral health screening in primary care. Invited lecture sponsored by Mental Health America of Greater Houston, Harris County Healthcare Alliance, and the Network of Behavioral Health Providers. September 2014


Wang H, Sampayo E, Brown T, Macias C. The effectiveness of steroid timeliness on moderate asthma patients in the emergency room at Texas Children’s Hospital. 15th Annual Health Services and Outcomes Research Conference by Kelsey Research Foundation. December 2014 (Second place on time lines).


Onyeigo SD. Medication therapy management learning collaborative. Reflections from the Field: San Jose Clinic Disease State Management Program. Webinar; Houston, Texas. March 2015


Bradley MC. Serving the special spiritual and emotional needs and considerations of the homeless in a hospital setting. Invited lecture for chaplain residents and spiritual care team at Harris Health. June 2015

We engage in a wide scope of academic medicine enterprises as reviewers, editors, contributors, administrators, and delegates. The faculty of the Department of Family and Community Medicine answers the call to service.

Roger Zoorob, MD, MPH
- Deputy Director, Editorial Board of Family Medicine and Community Health
- Co-Chair, Special Session II: The International Meeting of General Practice Education, Training and Service. West Lake International Conference of General Practice. Hangzhou, China

Jason Salemi, PhD, MPH
- Member, Surveillance Guidelines and Standards Committee. National Birth Defects Prevention Network

Irvin Sulapas, MD
- Texas Medical Association delegate to the American Medical Association, Young Physicians Section
- Member, Commission on Membership and Membership Services, Texas Academy of Family Physicians

James Bray, PhD
- Editorial Board Member, Journal of Family Psychology, 1990-present
- Couple and Family Psychology: Research and Practice, 2011-present
- APA Council Representative, Society for Addiction Psychology 2015-2017
- Board of Directors, International Association of Applied Psychology 2013-2018

Hamisu Salihu, MD, PhD
- Member, National Advisory Body for Federal Healthy Start. Department of Health and Human Services (HHS)
- Editor-in-Chief, Journal of Health Care Access and Coverage (JHAC)
- Editorial Board Member, International Journal of Fertility and Women’s Health
- Editorial Board Member, AIDS and Infectious Diseases Journal
- Editorial Board Member, Journal of AIDS and HIV Research

Robert Levine, MD - Editorial Board Member, Journal of Healthcare for the Poor and Underserved

Susan Nash, PhD
- Abstract reviewer, Society of Behavioral Medicine (SBM) Annual Meeting. April 2015
- Ad hoc reviewer for Hindawi Publishing Corporation: Health disparities between Chinese western, central and eastern rural populations and achievement after 10 years preferential health improvement projects and policies.

Samuel MacMaster, PhD
- Editorial Board Member, Journal of Health and Social Policy. 2005-present
- Editorial Board Member, Journal Human Behavior in the Social Environment. 2005-present

William Huang, MD
- Reviewer, Teaching and Learning in Medicine
- Poster Reviewer, The Society of Teachers of Family Medicine
Our faculty members donate their time and effort to various causes in the name of advancing health care needs. We applaud their contributions:

**Roger Zoorob, MD, MPH** - CDC Expert for media interviews concerning alcohol use, Screening and Brief Intervention and FASD. 2014

**Shannon Barkley, MD**
- World Health Organization. Geneva, Switzerland. Project title: The views of key stakeholder experts in Sub-Saharan Africa on human resource policy to support integrated primary health care teamwork in Africa
- Consultant, World Health Organization. Geneva, Switzerland. Project Title: Primary Care Performance Assessment
- World Health Organization. Geneva, Switzerland. Project title: Global views of patients, providers and managers regarding person-centered and integrated health services

**David Buck, MD, MPH**
- Vice Chair, International Street Medicine Institute
- Consultant, Magnificat House, St. Joseph’s Clubhouse
- Member, Board of Directors. I am Waters Foundation
- Crossroads. Consultation to improve healthcare access
- Member, Board of Directors. City of Houston Recovery Center
- Immediate Past Chair, Board of Directors. International Street Medicine Institute

**Irvin Sulapas, MD**
- Team physician, Texas Southern University and KIPP Houston Public High Schools
- Game coverage: Baylor College of Medicine Kickball Tournament
- Volunteer physician, Houston Marathon

**Marianne Link, MD**
- Board member, Houston-Galveston Schweitzer Fellowship, 2014-present
- Board member, A Children’s House for the Soul, 2014-present

**Niraj Mehta, MD** - Founder of Cupcakemanproject.com with the goal of celebrating each inpatient birthday across every academic hospital in the United States to foster professionalism and concept of “Healing begins with Feeling.”

**James Bray, PhD**
- President, Division of Professional Practice, International Association of Applied Psychology, 2014-2015
- Past-President, American Society for Advancement of Pharmacotherapy, American Psychological Association
- Council Representative to the American Psychological Association for Division on Addictions, 2015
Roger Zoorob, MD, MPH
- Member, Planning Committee. Association of Departments of Family Medicine 2015 Winter Meeting. Savannah, Georgia
- Member, Benjamin B. Ligums Transitional Medicine Grant Steering Committee. Baylor College of Medicine/Texas Children’s Hospital

James H. Bray, PhD
- Program Committee, University of Texas School of Pharmacy. Psychopharmacology Update Conference. 2014-2015
- Chair, Finance Committee, International Association of Applied Psychology (IAAP)
- Program Committee, University of Texas School of Pharmacy, Psychopharmacology Update

David Buck, MD, MPH
- Member, Harris County Criminal Justice System Frequent Detainee Steering Committee
- Member, Houston-Galveston Schweitzer Fellowship Program
- Chair, Healthcare for Special Populations

Shannon Barkley, MD

Jason Salemi, PhD, MPH
- Member, Maternal and Child Health (MCH) Data Advisory Committee. Florida Department of Health
- Member, Data Committee. National Birth Defects Prevention Network

Brett Perkison, MD, MPH
- Chair, Environmental Health Section. American College of Occupational and Environmental Medicine

Irvin Sulapas, MD
- Member, Commission on Academic Affairs, Texas Academy of Family Physicians

Eric Lee, MD
- Member, Texas Academy of Family Physicians (TAFP) Leadership Development Committee
- Member, Texas Academy of Family Physicians (TAFP) Commission on Academic Affairs

Frené LaCour-Chestnut
- Member, Residency Standardization Committee. BCM-UT-Harris Health System Collaborative Committee

Bich-May Nguyen, MD
- Co-Chair, Group on Health Policy and Access. Society of Teachers of Family Medicine. 2014 – present
- Member, Share Club. Society of Teachers of Family Medicine. 2014 – present

Stacy Ogbeide, PsyD, MS
- Member, 2015 Obesity and Weight Management Specialist Practice Analysis Advisory Committee. Academy of Nutrition and Dietetics
Reaching a wider audience remains a priority. As clinicians we advise our patients how best to achieve their optimum health. Utilizing a range of media outlets allows us to come in contact with those whom otherwise we would not reach.

Bich-May Nguyen, MD

Irvin Sulapas, MD

David Buck, MD, MPH

James Bray, PhD
- Transitioning psychology practice to integrated health care. PsycCRITIQUES. 2015;60(23)
- Ensuring happy and successful marriages. PsycCRITIQUES. 2014;59(31)
- Transitioning psychology practice to integrated health care. PsycCRITIQUES 2015;60(23)

Alicia Kowalchuk, DO
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