How Are We Doing?
Through November of FY 2016, The Menninger Clinic continues to perform very well. As shown in the Radar Chart above, we are on track to accomplish our Wildly Important Goals (WIGs). Of special note, our leaders have done a good job controlling expenses, which has helped us achieve our financial target despite volumes which are behind plan.

New Leadership Appointment

Jonathan Stevens, MD, MPH, Medical Director of the Outpatient Division, has been promoted to Vice President and Medical Director for Outpatient Services. In this new expanded leadership role, Dr. Stevens will serve as the senior clinical and administrative leader for our outpatient services enterprise, and he will report directly to me. Please join me in congratulating Dr. Stevens and thanking him for assuming this important leadership role.

BridgeUp Center Kicks Off at Menninger

On December 18, 30 leaders from across greater Houston gathered here over lunch for the first meeting of the Advisory Committee to the David and Helen Gurley Brown BridgeUp: Mental Health Center at The Menninger Clinic.

Numerous constituencies were represented, including the education, youth, spiritual, not-for-profit and mental health sectors of our community.

As discussed in a previous issue of this publication, the goal of the BridgeUp Center at Menninger is to help vulnerable youth in Houston graduate from high school and become healthy, productive adults. The Advisory Committee heard presentations from Dr. Ed Coffey, the Center’s Principal Investigator, and Dr. Gail Bray, Center Director, and then engaged in a robust and enlightening discussion of strategies for achieving this goal.

Menninger is delighted to be leading this milestone commitment to Houston and its vulnerable youth.

Menninger Celebrates Chief of Staff John M. Oldham, MD, MS

On January 1, after nine years as The Clinic’s Chief of Staff, John M. Oldham, MD, MS, transitioned to his new role as the Interim Chair of the Menninger Department of Psychiatry & Behavioral Sciences at Baylor College of Medicine.

“We are indebted to Dr. Oldham for his unwavering dedication to the patients we treat and to the faculty and staff who treat them,” said Dr. Coffey. “It’s thanks to his leadership, vision and compassion that Menninger has been able to continue to deliver such outstanding care to those with severe mental illness.”

An expert in personality disorders and recognized internationally as a leader in psychiatric medicine, Dr. Oldham has had responsibility for leading the medical staff and managing research and education during his tenure at Menninger.

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Menninger. He has also had responsibilities at Baylor, serving as Executive Vice Chair for Clinical Affairs and Development, and as the Barbara and Corbin J. Robertson, Jr. Endowed Chair in Personality Disorders.

He has also hosted Menninger Mindscape, a podcast about mental health issues.

Throughout his career, Dr. Oldham has been active in the American Psychiatric Association, which serves more than 38,000 psychiatrists worldwide. He is a Past President of the organization. He was also a member of the Personality and Personality Disorders Workgroup, which made recommendations for changes to the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders.

Dr. Oldham has also served a two-year term as President of the American College of Psychiatrists, which is limited to 750 practicing psychiatrists who have demonstrated outstanding competence in the field of psychiatry and who have achieved national recognition in clinical practice, research, academic leadership or teaching.

A prolific writer and educator, Dr. Oldham is senior editor of the Textbook of Personality Disorders and the Essentials of Personality Disorders. For more than 10 years, he has served as editor of the Journal of Psychiatric Practice. In addition, he is an associate book editor for the American Psychiatric Publishing Inc. (APPI) and a member of the APPI Board of Directors.

Dr. Oldham received his medical degree from Baylor College of Medicine and completed psychiatric residency training at Columbia University College of Physicians and Surgeons and the New York State Psychiatric Institute. He completed psychoanalytic training at the Columbia Psychoanalytic Center.

Menninger: Best Place to Work

At December’s Winter Celebration with hot cocoa and live cool jazz, the Adolescent Treatment Program’s Cindy Carter, LCSW, left, and Sandy Soenning, PhD, both won iPads in the drawings for prizes in which all faculty and staff were eligible.

Featured Events

- Dr. Ed Coffey will deliver Psychiatry Grand Rounds at the Baylor College of Medicine on January 13.
- The quarterly Town Hall meeting for faculty and staff will be Wednesday, January 27, 3:30 pm in the Classrooms.
- Annual training for faculty and employees will take place in February in the new Learning Management System.

Menninger Advances Knowledge

Please visit our website to view all of the important published papers, chapters and books contributed by our faculty and staff.

Making Spirits Bright

Links to January & February Topics

- January is National Codependency Month.
- February 1 marks the beginning of National School Counseling Week.
- February 7-13 shines light on National Children of Alcoholics Week.
- February 23 kicks off National Eating Disorders Awareness Week.

Menninger Celebrates Diversity

- January 14 marks the Orthodox New Year.
- January 18 is Martin Luther King Jr. Day, a federal holiday.
- January 25 is Tu Bishvat/Tu B'Shevat, a Jewish holiday.

Happy New Year!

Ed Coffey, MD

“There is no health without mental health.”