Pelvic Health Matters
A Webinar Series for Women with Mobility Impairments

We will begin promptly at 1 p.m. Central Time
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A Webinar Series for Women with Mobility Impairments

"Access to Quality Pelvic Health Care for Women with Mobility Impairments"
Welcome!

- Margaret A. Nosek, PhD
The Pelvic Health Initiative for Women with Physical Disabilities

Margaret A. Nosek, Ph.D.
TIRR-Memorial Hermann Center for Research on Women with Disabilities
Baylor College of Medicine
Department of Physical Medicine and Rehabilitation
Disclosures

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  - TIRR-Memorial Hermann
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- No financial interest to disclose
Medical Advisers

- Sophie G. Fletcher, M.D., urology, Kaiser Permanente, Santa Rosa, California
- Ellen Fremion, M.D., pediatrics and internal medicine, Baylor College of Medicine and Texas Children's Hospital, Houston, Texas
- Rosemary Hughes, Ph.D., psychology, Rural Institute, University of Montana, Missoula, Montana
- Cindy Ivanhoe, M.D., physiatry, Baylor College of Medicine, Houston, Texas
- Cynthia Peacock, M.D., internal medicine, Baylor College of Medicine, Houston, Texas
- Terri Samuels, M.D., urogynecology, Houston, Texas
- Argyrios Stampas, M.D., physiatry, University of Texas Health Science Center and TIRR Memorial Hermann, Houston, Texas
- Lisa Wenzel, M.D., physiatry, Baylor College of Medicine and TIRR Memorial Hermann, Houston, Texas
Community Advisers

- Leanne Beers; Missoula, Montana
- Leslie Carcamo; Houston, Texas
- Vanessa Cizmar; Houston, Texas
- Michelle Colvard, MPH; Houston, Texas
- Deidre Davis Butler, JD; Bentonville, Arkansas
- Tahani Hamdan, MPH; Houston, Texas
- Rosemary Hughes, Ph.D.; Missoula, Montana
- Meena Outlaw; Houston, Texas
- Maria Soria; Houston, Texas
- Heather Taylor, Ph.D.; Houston, Texas
- Chitra Viswanathan, M.D.; Houston, Texas
- Wendy Wilkinson, J.D.; Houston, Texas
Welcome!

Our facilitator today is:

- Wendy Wilkinson, J.D. and ADA specialist
Welcome!

Our presenter today is:

- Earlene R. Sesker
  - graduate of the University of Texas
  - with US Access Board since 1993
  - Training Coordinator/Accessibility Specialist
  - technical assistance to government and private sector entities on requirements of Architectural Barriers Act (ABA) of 1968 and the Americans with Disabilities Act (ADA) of 1990
Self-Advocacy in Healthcare Settings
Refusal to provide a patient services because a provider does not have accessible equipment is a form of discrimination under the ADA and the Rehab Act.
You have the power to make a difference in the accessibility and quality of your health care.

- Many may not be aware of their obligations under the ADA or Rehab Act
- Empower yourself with information on your rights
- You will know more than your provider
- You to tell your provider what assistance you need so you will receive a proper examination
When you call to schedule your appointment tell them about...

- Your disability
- How they can accommodate you
  - accessible exam tables (adjustable height between 17-19” with padded leg supports)
  - lifts or any kind of transfer boards
  - assistance transferring
What if they do not have an accessible exam table?

- Ask how they plan to accommodate you
- If they are part of a larger institution ask them if there are accessible exam tables in other areas that could be used
- Ask how they plan to get you safely onto the table and keep you stabilized there during the examination
  - required to provide transfer assistance
  - help with undressing and dressing
  - cannot ask you to bring people to provide assistance
If you want to take action...

- Write down names of anyone you have spoken to
- Take notes on what you discussed and decided
- Bring resources on the ADA and medical equipment for the office
- Bring online information about accessible exam tables
- Encourage them to purchase accessible equipment and make their services more accommodating
- If you experience discrimination file a complaint with the Department of Justice
Call for Action

- Start writing letters to the Department of Justice asking that they adopt the medical equipment guidelines so they will become enforceable
Questions?

- Please type your questions into the chat box or
- Send an email to crowd@BCM.edu
Thank you for attending today's webinar!

- Please give us feedback by completing an evaluation. We will send you an email with the link to the evaluation form.
Please help us spread the word about Pelvic HEALTH

- Use the information on the Pelvic Health page of our website
- Tell others about recordings of the 4 webinars in our Pelvic Health Matters series on our website:
  - "Pelvic HEALTH for WOMEN with Mobility Impairments"
  - "Pelvic Health Transitions for Girls with Mobility Impairments"
  - "Bladder and Bowel Issues That Affect Sexuality"
  - "Access to Quality Pelvic Health Care for Women with Mobility Impairments"
Find more information at...

- www.BCM.edu/crowd