At Baylor College of Medicine, we offer current healthcare information and high quality educational opportunities for the Houston community. Our events over the next few months cover fun activities like the BCM Wellness 5K Race/Walk and the important topics of understanding the growing knowledge about the brain and how to stay sporty and healthy.

Please see below for more information and, in the right panel, where we have listed current information to protect yourself during emergency weather situations.

**BCM Wellness 5K Race/Walk**  
7:30 a.m. Saturday, Oct. 21, 2017

The student-organized Baylor College of Medicine Wellness 5K Race/Walk will be held Saturday, Oct. 21, 2017, with the starting line at the Texas Medical Center Commons, across from Baylor’s Main (Cullen) entrance. This year marks the sixth annual 5K race hosted by Baylor. If you are unable to run in the race, please check out volunteer and sponsor opportunities. Proceeds from the event go to a charity selected by the Baylor medical students.

Register >>  
Donate >>

**Facing Ethics Head-On: Neuroethics and Our Growing Understanding of the Brain**  
11:30 a.m. Thursday, Nov. 9, 2017 at Grappino di Nino

Neurogenomic information could soon help identify who is at risk of mental health disorders even before symptoms are observed. It could also help prevent the development of disorders, diagnose disorders, select treatment options and improve clinical outcomes. Join Gabriel Lazaro-Munoz, Ph.D., J.D., as we examine the current status of psychiatric genomics.

Register >>

The Environment and Your Health
Is your environment making you sick? Cheryl Walker, Ph.D., Ph.D., Director of the Center for Precision Environmental Health at Baylor, will examine how your everyday surroundings, from the car to the office, can affect a range of health issues. Paul Klotman, M.D., President, CEO and Executive Dean will give a College update.

Register >>

Evening Reception and Board Meeting
6 to 7:30 p.m. Tuesday, Jan. 16, 2018
at The Briar Club

Join us for a special evening reception with our very own jock turned doc, Mark Adickes, M.D., former NFL offensive lineman and Chief of the Division of Sports Medicine at Baylor. Dr. Adickes and Rosalyn Nguyen, M.D., Assistant Professor of Physical Medicine and Rehabilitation, will discuss recent advances in sports medicine and ways you can prevent injury and stay in fighting shape as you age.

Register >>