This quarter was very productive for Baylor and the Department of Family and Community Medicine. We are happy to welcome stellar new faculty members to our clinical and academic teams. We are also celebrating several awards received by faculty members for their outstanding work. Faculty received good press coverage and public health media outreach, helping to broadcast our research findings. Moreover, we are proud to share our latest clinical, academic, and community program engagement. Our team has been very active in research publications and presentations on a variety of topics including drug and alcohol use, healthcare access and utilization, health disparities, prevention, birth defects, and chronic conditions. The following pages highlight some of our recent accomplishments and stories of our dedicated faculty, staff, and trainees. Thank you to everyone for your hard work!
**New Faculty**

**Robin J. Jacobs, PhD, MSW, MS, MPH** joins BCM as Associate Professor and Director of Faculty Development for the Department of Family and Community Medicine. She received a PhD in Social Welfare from Florida International University in Miami and her MSW from San Diego State University. Dr. Jacobs earned an MS in Bioinformatics and Master’s of Public Health from Nova Southeastern University in Fort Lauderdale, Florida. Dr. Jacobs has served as a Principal Investigator, co-investigator, and statistical analyst with extensive experience in the development and implementation of a number of federally supported and non-supported studies, including several NIH- and CDC-funded research projects (i.e., R01, R56, R21) involving technology-driven behavioral interventions addressing health literacy, chronic disease self-management, and HIV prevention. With her diverse background in research, education, and mentoring, Dr. Jacobs will focus her attention on fostering professional growth for our faculty and participate in the Department’s research mission as a well-published scholar and successful grant writer. Dr. Jacobs’ primary work location is at Kirby.

**Sarah Duban, PA**, is an Instructor and Physician Assistant at the Baylor Family Medicine clinic in the Texas Medical Center. Ms. Duban received a Master’s in Physician Assistant Studies from the University of Texas Medical Branch in Galveston as well as a Bachelor of Science in Biology from the University of North Texas. Her previous experience includes working with Baylor at the Ben Taub Emergency Center as part of the Gastrointestinal Medical Oncology department at the University of Texas M.D. Anderson Cancer Center and the Lyndon B. Johnson Emergency Center at the University of Texas Health Science Center.

**Sara Javed, DO** is an Assistant Professor for the Community Health Program (CHP) at Strawberry Health Center. Dr. Javed received a Doctor of Osteopathic Medicine degree from Kansas City University of Medicine and Biosciences (KCUMB) in Kansas City, Missouri and completed Family Medicine Residency at University of Texas Medical Branch (UTMB) in Galveston. Dr. Javed also completed a Postdoctoral Fellowship in Geriatrics at Baylor College of Medicine.

**Joanna Fields-Gilmore, MD, MPH, MS** is an Assistant Professor for the CHP at Northwest Health Center. Dr. Fields-Gilmore received a Master’s of Public Health from Texas A&M University Health Science Center School of Rural Public Health in College Station, Texas. At Indiana University she earned an MS in Medical Science and Medical Doctorate degrees. Dr. Fields-Gilmore completed her Family Medicine residency at University of California Davis Medical Center in Sacramento, California. Dr. Fields’s working mission is to enhance the health of the families and people in the communities she serves and to contribute to positive healthy change.
The Center for Population Health Research (CPHR) is a research group with a confluence of interests, stakeholders, and members with mutually reinforcing skill sets and specialties. Leading the group is Roger Zoorob, MD, MPH (top row, left); Researcher include: Jason Salemi, PhD, MPH; Sandra Gonzalez, MSSW, LCSW; Robert Levine, MD; Maria C. Mejia de Grubb, MD, MPH; (second row) Haijun Wang, PhD; Monica Alzate, PhD, LCSW, MA; Robin Jacobs, PhD, MSW, MS, MPH; Alicia Kowalchuk, DO; Samuel MacMaster, PhD; Larissa Grigoryan, MD, PhD, MPH, MSc. Together the Center can leverage a variety of resources, from access to large data sets, a diversity of interprofessional knowledge bases, access to community service providers and populations, and mentorship and networking opportunities. CPHR aims to attract faculty and fellows with aligning interests to strengthen the teams and advance each researcher’s own work.

Topics cover several areas of population health research, developing organically from the interests of our members and from the pressing questions in medicine today: Health disparities, antibiotic stewardship, integrated behavior and physical health, and substance use disorders. CPHR aims to build a solid knowledge base through interprofessional collaborations.
Dr. Greenberg draws on William Osler’s classic, *Evolution of Modern Medicine*, updated by contemporary sources to provide an overview of the history of medicine from antiquity to the present day.

Dr. Greenberg interviews Dr. Kenneth Mattox, who created a nationally-recognized trauma service at Ben Taub.

How far has psychiatry aligned itself with Western imperialism? Who decides the "normal" from the "pathological"? This lecture will describe current examples of racial discrimination within psychiatry, and place the field within larger political, economic, and societal forces.

Doctors who have been educated abroad form a vital part of the American physician workforce today. Dr. Aggarwal will describe her own experience as a physician trained in India who now practices in America.

American scientists have abused Black research subjects since slavery. The IRB system was created to protect research subjects from abuse. Does it still benefit people of color?

Almost every medical graduate recites the Oath, or some modern variation, as part of their entry into the profession. Yet what does the Oath really teach us? Professor Cole will help us see the challenges, and the controversy, behind the document.

Author of *The Other Great Migration: The Movement of Rural African Americans to Houston, 1900-1941*, Dr. Pruitt will discuss Black healthcare professionals in the first half of the twentieth century and their role in shaping Black Houston and modern Houston.

Dr. Mendez, author of *Under the Strain of Color: Harlem’s Lafargue Clinic and the Promise of an Antiracist Psychiatry*, will build on Dr. Fletcher’s talk to explore the history of psychiatric diagnosis and its current implications.

The History of Medicine lectures welcome medical students (from both UT and Baylor) and any interested members of our community. In the past, the series has featured great innovators—people like Pasteur and Osler—seeing the history of medicine as a steady progression of understanding and ability to treat and heal.

This year continues to provide students with an introduction to this discovery-oriented model, but we have enlarged the scope of the course to better reflect the diverse history of medicine and the diverse interests of our students. Our lectures have included, for instance, a talk on how psychiatric diagnoses were used to label as mentally ill any slave who wished to escape. Our own Anjali Aggarwal, MD spoke about her experience as part of the great movement of doctors from the Indian subcontinent to the clinics and small towns in contemporary America.

Banquet speaker Dr. Gabriel Mendez shared his research on a clinic founded by a Jewish psychiatrist who fled Nazi Germany. This clinic, which started in the basement of a church in Harlem, charged 25 cents for a consultation and $1.50 for appearing in court. (The fees were waived for patients with limited means, which was pretty much everybody.)

This new approach has generated a boon in student interest. There was just one Baylor student enrolled last year; this year there are 84.
The 5th Latino Medical Student Association-Southwest Regional Conference: Prevenir es Vivir (Prevention is Life) was held at the McGovern Medical School Medical Sciences Building on January 27-29, 2017. The mission of LMSA is to unite and empower medical students through service, mentorship and education to advocate for the health of the Latino community. The southwest region is composed of the states of Arkansas, Colorado, Louisiana New Mexico, Oklahoma and Texas.

Fareed Khan, MD and Anayatzy Franco, MD answered questions at the Baylor College of Medicine exhibitor table. Over 100 medical students and pre-medical students attended the three-day event.

Baylor Family Medicine physicians and staff participated in a health fair on Saturday, Jan. 7 at Whole Foods on Kirby Drive. Customers were offered important tips on staying healthy during cold and flu season as well as information about healthcare services at Baylor Family Medicine.

Jeffrey Steinbauer, MD and registered dietitian Roberta Anding led the BCM E3: diaBEATes program starting March 1. Weekly seminars engage, educate and empower participants.

FCM Faculty Senators, Kenneth Barning, MD and Jonnae Atkinson, MD were sponsored to attend the Faculty Senate Leadership Training on March 3.
Newsmakers

Malvika Juneja, MD received the Interdisciplinary Award for her extraordinary efforts of collaboration between the Departments of Psychiatry and FCM to establish and promote behavioral health in primary care. The Ambulatory Behavioral Health Integration (ABHI) is an initiative in its final stage of formulation that promises systemic change in delivery of care. Kudos also to Drs. Brian Wisnoski, Suvarna Mahadyasam, Thomas Kim, Shruti Varadarajan, Rashmi Rode, and Kenya Steele whose contributions extend education on chronic disease and psychiatry under the same initiative.

Asim Shah, MD, Vice Chair for Community Psychiatry, makes the presentation to Malvika Juneja, MD (right).

Jason Salemi, PhD, MPH serves as 2017 President-elect of the National Birth Defects Prevention Network (NBDPN), which uses surveillance data for research, planning and evaluation activities that support preventive and improvement programs for patients and families living with birth defects. He has been involved with NBDPN since 2005 and has served in numerous leadership roles for the national network.

In conjunction with the National Public Health Week, the College of Public Health at the University of South Florida named Dr. Salemi one of two recipients of the 2017 Outstanding Alumni Award. Selections were made from hundreds of nominations of those who have made significant impact in public health research, practice, and policy, as well as teaching, scholarship, and mentorship of public health professionals. The award ceremony will be held on April 5 in Tampa.
David Buck, MD, MPH of the department’s Patient Care Intervention Center (PCIC) was interviewed recently by Sarah Varney for the PBS News Hour.

PCIC coordinates care for “super-utilizers” who make up just 5 percent of the U.S. population, but account for 50 percent of health care spending. As health care costs continue to rise, PCIC is working with hospitals to find these patients and how to overcome individual and systemic barriers to scale impact.

Carmen Robinson, MD was featured by BCM Healthcare News in January, urging everyone to “Start off New Year with physical exam.”

Picking up Dr. Robinson’s interview were KTRH News-Radio, “Give your new year a healthy start...with a physical.” KTSA also covered the story with “Doctors: Start the year off right with a checkup.”

Dr. Robinson was interviewed for the BCM Infectious Diseases News in February “When to see a doctor for the flu.” She urged everyone to get a flu shot, even though it is late in the season.
James L. Bray, PhD was interviewed for two articles for the *BCM Psychiatry and Behavior News* this quarter. In “Expert discusses the science of commitment” Bray examines relationships, commitment and what makes love last.

In the other article, “Expert cautions reality television love might not be so real,” Dr. Bray notes that these shows “provide good entertainment but do not show a very realistic forming of relationships.”

Thomas O. Kim, MD, MPH is co-host of a podcast launched in January called *Review of Systems*. The podcast deals primarily with primary care innovation, health policy, and payment reform issues. (rospod.org)
The Super Bowl can impact the spread of germs, and in an interview for the BCM Sports Medicine News, Irvin Sulapas, MD offers his tips on how to stay healthy so you can enjoy the big game. “How to stop the spread of germs for a winning Super Bowl.”

Spreading the news were the Chicago Tribune “How to avoid spreading (and catching) germs at a Super Bowl party,” and the Dallas News “How to keep your Super Bowl party from being an icky germfest.”

Dr. Sulapas was also interviewed after running his first half-marathon at the Houston Marathon, “Double time at the Houston Marathon for Dr. Irvin Sulapas.”

**Dr. Sulapas** and Dr. Richard Eccles, pediatric sports medicine fellow, traveled to Greenville, South Carolina to cheer on the Texas Southern University Tigers of the Southwestern Athletic Conference as they took on the Tar Heels of North Carolina.

**Rashmi Rode, MD, FAAFP** became a fellow of the American Academy of Family Physicians in February. Congratulations, Dr. Rode!
Publications


Jacobs RJ, Kane MN, Sklar EM. Sexual communication and seroadaptation practices in HIV-negative midlife and older men who have sex with men. J Soc Serv Res. 2017;43(2):193-204


Singh-Franco D, Jacobs RJ. Patient perspectives on peripheral neuropathic pain experience within the community. Diabetes Metab Syndr. 2016 Dec 22 [Epub ahead of print]


Huang W, Grigoryan L. Student self-assessment versus preceptor assessment at the midpoint of a family medicine clerkship. 2017 Apr;5(1) Fam Med Community Health. (In press)


Publications/Presentations


PRESENTATIONS


Aggarwal A, Nash S, Bansal K, Mehrotra N, Huang W. Student-centered sessions to strengthen overall achievement of core competencies in a Family Medicine clerkship. STFM Conference on Medical Student Education. Anaheim California. February 9-12, 2017


Aggarwal A, Nash S Huang W, Lee E, Zoorob R. Special Topic Breakfast: Recruiting and retaining preceptors in a community health center. STFM Conference on Medical Student Education. Anaheim, California. February 9-12, 2017


LaCour-Chestnut E. HPV for the general internist. Internal Medicine Resident Noon Conference. UCLA-Santa Monica Hospital. Santa Monica, California. March 30, 2017
What do a PCP, an internist, an oncologist and a neurosurgeon have in common?

Through our partnership with Baylor College of Medicine, we have amazing doctors. They have to be. We care for hundreds of thousands of people each year, many facing extremely complex medical issues. At Ben Taub Hospital, for example, patients rely on us for the latest medical innovations and physicians whose compassion and skills go beyond the call of duty.

It’s not easy to select top doctors among such a distinguished team. These four dedicated physicians have earned special recognition from their peers, staff members, executive management and, most importantly, patients themselves.

They’re passionate about the people we serve. They thrive on solving difficult problems. And they value team collaboration and holistic medical care that leads to better results.

These fine doctors believe they’re stronger for working at Harris Health.
We believe our entire community is stronger, and healthier, thanks to them.

MALVIKA JUNEJA, MD
Primary care physician, Vallbona Health Center

LEE LU, MD
Internist, Ben Taub and Smith Clinic

SHANKAR GOPINATH, MD
Neurosurgeon, Ben Taub

BENJAMIN MUSHER, MD
Oncologist, Ben Taub

In the Tuesday, March 7 edition of the Houston Chronicle, Harris Health Top Doctors were highlighted.

The email announcing the ad stated that “it’s not easy to select top doctors among such a distinguished team... These four dedicated physicians have earned special recognition from their peers, staff members, executive management and, most importantly, patients themselves.”

Our congratulations to Malvika Juneja, MD!
Since 2010 Isabel Valdez, MPA, physician assistant in the Baylor Family Medicine clinic at Upper Kirby, has precepted two students per academic year, each for about two months. For the last three years, a senior PA student has joined Ms. Valdez for an 8-week clinical rotation akin to medical student rotations. The student evaluates the patient in clinic, composes a note in the EMR and develops a treatment and follow-up plan. By the end of their rotation, the student completes a patient case report for their course director that details preventive and chronic care measures based on a patient they saw and treated. PA students observe Ms. Valdez’s interactions within the MD-PA care team model which is the hallmark of the PA profession. She reports that “as well as our students are doing, I look forward to being their patient if and when the time comes.”

For Isabel Valdez, the cycle of learning and teaching is sacred, and not to be broken. “The reason I see patients each day,” she continued, “is due to the generosity of time and patience that my mentors gave me.” Now it’s her turn to keep this cycle intact and she feels privileged to do so at Baylor. “I hope to instill a passion for the teaching art in the PA students so that they in turn will join me in this cycle.”

Like Ms. Valdez, Joy Blumenreich, MD knows the importance of teaching the next generations of health care professionals. Teaching not only students but also first year psychiatry residents, she has been a guiding force as the newcomers become colleagues.

What do Dr. Blumenreich’s patients find most important in a doctor? Overwhelmingly they respond that they most appreciate doctors who remember they “are dealing with people: scared, vulnerable, sick, uncertain, overwhelmed and are able to help us feel safe to discuss our concerns.”

When asked for a special moment in her teaching career, Dr. Blumenreich didn’t waste a moment in responding. “Last year a colleague and I were able to work with a student who did not match the previous year. We encouraged him, involved him in clinical and research tracts, and wrote recommendation letters. Yesterday I got a call from him ‘I matched in Family Medicine!! I couldn’t have done it without you guys!’ Of course I cried. I always cry on match day…”

Dr. Blumenreich encourages everyone who is thinking about teaching to come on, jump in (but start small). She guarantees that you’ll be amazed at the difference you can make. “We can actually become teachers we wish we had when we were in their shoes.”
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To be added to the Report email listserve,
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