How Are We Doing?

The Menninger Clinic is off to a strong start in FY2018. As shown in the Radar Chart above, we are on track to accomplish our Wildly Important Goals (WIGS) for the year. Inpatient volumes were ~4% ahead of plan, contributing to our strong financial performance through August.

Update on Hurricane Harvey Impact

As I noted in last month’s newsletter, The Menninger Clinic performed spectacularly during Hurricane Harvey, and normal operations were resumed after only three business days. A number of our teammates did not fare as well however, experiencing major damage to their home or car. In response, the Menninger community has stepped up to help these affected teammates.

- Our Hurricane Harvey Employee Assistance Fund raised more than $22,700 thanks to donations from 64 individuals, as well as a generous lead gift from the John M. O’Quinn Foundation. These funds were distributed in their entirety to Harvey victims at Menninger.
- Our Clothing and Essential Items Drive garnered hundreds of items for affected employees and their families.
- Menninger provided emergency shelter, and allowed employees to use EIL and borrow PTO to keep their paychecks whole.
- Employees have donated PTO, volunteered their time to provide clinical or other support activities (eg, clean up, carpooling, etc.,) and opened their homes to provide meals or emergency shelter for teammates and others.
- BridgeUp at Menninger has proposed a rapid initiative to help participating schools develop sustainable competence in managing psychological trauma.

The Executive Team is conducting an analysis of our response to Hurricane Harvey, to garner lessons learned. We did a lot very well, but we know that there are always opportunities to do even better.

Please join me in appreciating the employees and friends of The Menninger Clinic for all they continue to do to help Houston recover from this natural disaster.

Welcome New Foundation Director

I am delighted to welcome Elise N. Banks, LPC, to The Menninger Clinic Foundation Board of Directors. Banks is a professional counselor in private practice in Houston. She is also a model and competitive pageant contestant (she holds the titles of Miss Waco USA 2007, Miss Bay Area USA 2012 and Miss Texas International 2015), who has used those platforms to advocate for mental health in youth. Welcome Elise.

Welcome New Faculty

- Alton Bozeman, PsyD, joins Outpatient Services as a staff psychologist. Dr. Bozeman comes to us from The Harris Center for Mental Health and Intellectual and Developmental Disabilities, where he spent the last seven years as a clinician and clinical administrator. Dr. Bozeman earned his doctorate in clinical psychology from The Chicago School of Professional Psychology, with a focus on children and adolescent clinical psychology and neuropsychology.
- Kate Edwards, PhD, joins the Child and Adolescent Service as a staff psychologist. Dr. Edwards earned her PhD in Clinical Psychology from the University of North Texas and recently completed her postdoctoral fellowship with The Menninger Clinic. Prior to that fellowship, she spent two years as a Licensed Psychological Associate for the John Peter Smith Hospital in Fort Worth.

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• Rose Yang, PsyD, joins the Adult Inpatient Service as a staff psychologist. Dr. Yang is a graduate of the University of Texas at Austin (BA, Psychology) and University of Denver’s Graduate School of Professional Psychology (MA, Clinical Psychology and PsyD, Psychology). She completed her Predoctoral Internship at Arkansas State Hospital and her Postdoctoral Fellowship in Psychology here at Menninger.

Best Place to Work

Consistent with our mission to create a healthy world, please remember to get your flu vaccine this year. Doing so is the best way to protect yourself, your loved ones, your colleagues and our patients from this potentially devastating illness. See The Link for details on obtaining the required vaccine.

Progress on FY2018 Priorities

We are making great progress on several initiatives that are essential to achieving our vision to be the premier mental health care system.

• Ensure inpatient access (Perfect Care). We continue to match staffing plans to demand.
• Providing the right information at the right time (Perfect Care). The Project Val team continues to support standardization of core clinical processes in advance of the EHR.
• Establish Care Coordination Center (Perfect Care, Growth). Mapping of current state processes is underway.
• Construct our new building (Growth). We are finalizing design and development drawings. Groundbreaking is Nov. 2.
• Expand services strategically (Growth). We have completed the purchase of the Weinberger Clinic, PLLC, as a key tactic in expanding Menninger’s Outpatient Services locally. See The Link for more details.

Transitions

• Caroline Mark has resigned and is moving to California to start her family. Caroline joined Menninger in 2013 and has provided excellence service in philanthropy and events planning, most notably our highly successful Annual Signature Luncheon.
• Rus Trebilcox Jr. joins Menninger as my new Executive Assistant and Board Relations Manager. Rus is a long-time Houstonian who comes to us from CHI/St. Luke’s Health, where he served as Senior Administrative Assistant to the COO and VP of the Cardiovascular Service Line. Rus succeeds Chris Merrick, who has resigned and is moving to Omaha to be closer to her family. Please join me in welcoming Rus to the Menninger Team, and in thanking Chris for her excellent service to Menninger.

Menninger Advances Knowledge

Please visit our website to view all of the important published papers and other works that our faculty and staff have contributed the past three years to the medical literature.
• Jane Mahoney, PhD, RN, PMHCNS-BC, and colleagues describe the interprofessional education related to Patient-centered Caring. (Bulletin of the Menninger Clinic, Summer 2017, vol. 81(3), 233-246.

Links to Topics of the Month

- October—National Depression and Mental Health Screening Month, Advocates for Youth: Let’s Talk Month, National Domestic Violence Awareness Month, National Bullying Prevention Month, ADHD Awareness Month, AIDS Awareness Month, National Breast Cancer Awareness Month, Children’s Health Month, National Work and Family Month, National Disability Employment Awareness Month
- October 1-7—National Mental Illness Awareness Week, National Healthcare IT Week
- October 2—International Day of Non-violence, Child Health Day
- October 10—World Mental Health Day
- October 15—Global Handwashing Day
- October 15-21—National Pastoral Care Week, National Hospital Pharmacy Week
- October 16—National Boss’ Day

Menninger Celebrates Diversity

• October—LGBT History Month
• October 1—Ashura (Muslim)
• October 5—First Day of Sukkot (Jewish)
• October 9—Indigenous People’s Day (Native American Day), Columbus Day
• October 12—Shmini Atzeret (Jewish)
• October 13—Simchat Torah (Jewish)
• October 19—Diwali (Hindu), Bandi-Chhor Diwas (Sikh)
• October 20—Birth of the Bab (Baha’i), Gur-Gaddi Guru Granth Sahib (Sikh)
• October 29—Reformation Day (Christian)
• October 31—Halloween

Upcoming Events

• October 12—Creative Arts Therapies Connect program and reception, highlighting ways music and art therapies contribute to patient care in the Texas Medical Center. When: 6-8 pm. TMCx-Innovations Building. Free and open to public.
• October 20—Advances in Clinical Psychiatry 2017: Suicide Prevention. We are pleased to partner with the Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine, to provide this special annual CME.
• November 2—Ground breaking for Outpatient and Education Center building, starting at 10:30 am.

Have a great month, and Let’s go Astros!

Ed Coffey, MD
“there is no health without mental health.”