Implementing the Coordinated Anxiety Learning and Management (CALM) Protocol in VA Community-Based Outpatient Clinics

Objectives: At the conclusion of the session, the participants should be able to:

- Recognize the clinical challenges facing VA community-based outpatient clinics and how technology may help improve clinical care in these settings.
- Identify an iterative method for adapting technology-based mental health interventions for new clinical settings.
- Identify an evidence-based process for implementing mental health interventions into large healthcare systems.

Target Audience and Needs: Physicians, residents, fellows, nurses, social workers, and healthcare professionals from a variety of disciplines need to be updated in a wide variety of topic areas which address all aspects of psychiatric practice including psychopharmacology, psychodynamic psychotherapy, ethics in psychiatric practice, and the treatment of select patient population.

Educational Methods: Educational methods will include lectures, case presentations, literature review, and panel discussion.

Activity Evaluation: Participants will be asked to complete a session evaluation.

Accreditation/Credit Designation: Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.