October 3, 2018

V-STOP II:
A Pilot Study on Comprehensive Behavioral Self-Management Treatment for Underserved Stroke Survivors in Texas

Gina Evans-Hudnall, PhD
Assistant Professor
Menninger Department of Psychiatry
Baylor College of Medicine

Jane Anderson, PhD, RN, FNP-C
Assistant Professor
Department of Neurology
Baylor College of Medicine

Objectives: At the conclusion of this session, participants should be able to:
- Evaluate the need for comprehensive and accessible stroke self-management treatment.
- Identify the effects of psychological distress on engagement in stroke self-management treatment.
- Evaluate the benefits of using an integrated treatment approach for improving stroke self-management outcomes.

October 10, 2018

LGBTQ Health Disparities: What Mental Health Professionals Need to Know

Michael R. Kauth, PhD
Professor, Menninger Department of Psychiatry
Baylor College of Medicine
Director, LGBT Health Program (10P4Y), Patient Care Services
Michael E. DeBakey VA Medical Center
Houston, Texas

Objectives: At the conclusion of this session, participants should be able to:
- Describe three LGBTQ health disparities.
- Assess the sexual orientation identity and gender identity of patients.
- Explain the health rationale to patients for asking about sexual orientation and gender identity.
October 17, 2018  Ethical Considerations in the Care of Gender Diverse Youth

Pedro M. Bustamante IV, MD  
Assistant Clinical Professor  
Menninger Department of Psychiatry  
Baylor College of Medicine

Jennifer M. Feldmann, MD, MPH, FAAP  
Assistant Professor, Legacy Community Health  
Menninger Department of Psychiatry  
Baylor College of Medicine

Objectives: At the conclusion of this session, participants should be able to:
- Identify primary ethical considerations in the care of gender diverse youth.
- Evaluate the risks and benefits of early medical intervention.
- Demonstrate the role of health disparities in the application of gender affirming care.

October 24, 2018  Cognitive-Behavioral Therapy for Obsessive-Compulsive Disorder

Eric Storch, PhD  
Professor, Menninger Department of Psychiatry  
McIngvale Presidential Endowed Chair  
Vice Chair and Head of Psychology  
Baylor College of Medicine

Objectives: At the conclusion of this session, participants should be able to:
- Distinguish the core components of cognitive-behavioral treatment of obsessive-compulsive disorder (OCD).
- Develop basic understanding of exposure and response prevention.
- Identify the available empirically supported treatments for OCD.

October 31, 2018  Psychotherapeutic Hospital Treatment

Zerrin Emel Kayatekin, MD  
Associate Professor  
Menninger Department of Psychiatry  
Baylor College of Medicine

Objectives: At the conclusion of this session, participants should be able to:
- Develop a formulation of the person, having the psychotherapeutic hospital serve as a venue where the person/patient repeats his/her scripts with a hope for reparation.
- Differentiate multiple venues of therapeutic interventions available and operating in a psychotherapeutic hospital.
- Formulate and implement the therapeutic interventions through the venues that are most suitable, at the moment, for a particular patient.
**Target Audience and Needs:** Physicians, residents, fellows, nurses, social workers, and healthcare professionals from a variety of disciplines need to be updated in a wide variety of topic areas which address all aspects of psychiatric practice including psychopharmacology, psychodynamic psychotherapy, ethics in psychiatric practice, and the treatment of select patient population.

**Educational Methods:** Educational methods will include lectures, case presentations, literature review, and panel discussion.

**Activity Evaluation:** Participants will be asked to complete a session evaluation.

**Accreditation/Credit Designation:** Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, (License Number: 4066) is approved as a provider of continuing education in Social Work by the Texas State Board of Social Worker Examiners. This activity has been approved for .1 CEU.

This series is broadcast to The Menninger Clinic, Classroom(s): 5128 & 5130, Texas Children’s Hospital, Psychiatry Department, Conference Room # S.200.10, and the Harris Health System – Ben Taub Hospital, Conference Room: 2.133, NPC, 2nd Floor.