BCM Psychiatry Grand Rounds
Menninger Department of Psychiatry
Co-provided by Baylor College of Medicine and The Menninger Clinic

November 2019 • 11:30 a.m. - 12:30 p.m.
Baylor College of Medicine, McNair Campus
Bobby R. Alford Educational Center, Room MCHA-AEC-A and B

November 6, 2019
The Secrets of Sleep: Safety, Health, and Wellbeing

Fidaa Shaib, MD
Associate Professor of Medicine
Section of Pulmonary, Critical Care and Sleep Medicine
Baylor College of Medicine

Objective: At the conclusion of this session, participants should be able to:
• Demonstrate knowledge about normal sleep and its physiology.
• Identify signs of sleepiness and fatigue.
• Develop understanding of how to provide and cope with sleepiness and fatigue.

November 13, 2019
Culturally Informed Care: A focus on Veterans

Vanessa Danquah, MD
Chief Resident (General Psychiatry)
Menninger Department of Psychiatry
Baylor College of Medicine

Ali Abbas Asghar-Ali, MD
Associate Director for Education, South Central MIRECC
Director, Geriatric Psychiatry Fellowship
Associate Professor, Baylor College of Medicine
Geriatric Psychiatrist, Michael E. DeBakey VA Medical Center

Objective: At the conclusion of this session, participants should be able to:
• Appraise elements of the military experience that are integral to military culture.
• Compare the difference between military and civilian culture.
• Discuss ways to enhance military cultural competence to improve the care provided to Veterans.

This activity has been designated by Baylor College of Medicine for 1 credit of education in medical ethics and/or professional responsibility.
Bipolar Disorders: From Brain Mechanisms to Therapeutic Interventions

Jair C. Soares, MD, PhD
Professor and Chairman
Pat R. Rutherford Chair in Psychiatry
Department of Psychiatry and Behavioral Sciences
University of Texas Medical School at Houston

Objective: At the conclusion of this session, participants should be able to:

- List brain circuits involved in mood regulation.
- Discuss brain abnormalities in bipolar disorder patients and possible role in its pathophysiology.
- Describe novel experimental strategies for treatment of bipolar disorder patients.

NO GRAND ROUNDS

HAPPY THANKSGIVING!

Target Audience, Needs: Physicians, residents, fellows, and healthcare professionals from a variety of disciplines need to be updated in a wide variety of topic areas that address all aspects of psychiatric practice including psychopharmacology, psychodynamic psychotherapy, ethics in psychiatric practice, and the treatment of select patient population.

Educational Methods: Educational methods will include lectures, case presentations, literature review, and panel discussion.

Activity Evaluation: Participants will be asked to complete a session evaluation.

Accreditation/Credit Designation: Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, (License Number: 4066) is approved as a provider of continuing education in Social Work by the Texas State Board of Social Worker Examiners. This activity has been approved for .1 CEU.

This series is broadcast to The Menninger Clinic, Classroom(s): 5128 & 5130, Texas Children’s Hospital, Psychiatry Department, Conference Room #180.22, and the Harris Health System – Ben Taub Hospital, Conference Room: 2.133, NPC, 2nd Floor