EDUCATION UPDATE

VOLUME 1, Number 1: Summer 2019

Vice Chair for Education: Kim-Lan Czelusta, MD

GENERAL PSYCHIATRY RESIDENCY

Director: Daryl Shorter, MD; Associate Directors: Sade Udoetuk, MD and Sindhu Idicula, MD

New Education Team: This year marked our first with the new Residency Education team, including new Associate Program Directors, Drs. Sade Udoetuk (BCM Psychiatry Class of 2012) and Sindhu Idicula (BCM Psychiatry and Child Psychiatry Class of 2010).

New Clinical Rotations: Many second-year residents rotated with Dr. Neil Puri on the new Menninger 360 team, the Menninger Clinic’s Assertive Community Treatment (ACT) team. Third-year residents were given the option of rotating in the Michael E. DeBakey VA Medical Center’s Opiate Treatment Program under the supervision of Dr. John Fermo (BCM Addiction Fellow, Class of 2010). In this rotation, residents use telepsychiatry to provide buprenorphine services to veterans with opioid use disorder living in rural settings. Dr. Raymond Cho’s new clinical rotations focusing on transcranial magnetic stimulation (TMS) and neuromodulation offered both third- and fourth-year residents opportunities to utilize advances in psychiatric technology in treating their patients with mood disorders. Several fourth-year residents spent time working in our new Obsessive-Compulsive Disorder Center of Excellence with Eric Storch, Vice Chair for Psychology, and Chairman Wayne Goodman, providing care for severe OCD utilizing deep brain stimulation (DBS).

Residency Match: Recruitment continues to become more competitive as General Psychiatry residency programs across the country see dramatic increases in the overall number and quality of applicants. This past year, BCM Psychiatry received over 1100 applications and interviewed 125 students for one of 13 spots available through the Match, all of which were filled.

Awards:

- Sarat Munjuluri, PGY2 – American Academy of Child and Adolescent Psychiatry Educational Outreach Program; APA/SAMHSA Minority Fellowship
- Adam Goldberg, PGY3 – “Best Resident for Psychiatry” award from Texas A&M medical students
- Marissa Witt-Doerring, PGY4 – Gold Humanism Honor Society

CHILD AND ADOLESCENT PSYCHIATRY FELLOWSHIP

Director: Laurel Williams, DO

Our program added four new faculty members to TCH and HHS, respectively: Drs. Thao Vu-Sowers, Dana Bradley, Anh Truong (Truong split between TCH/HHS) and Lawrence Chiu (HHS). The program was awarded a grant through Re-Build Texas to provide Tele-psychiatry into three school districts impacted by Hurricane Harvey. We added a new forensic half-day rotation at the Juvenile Detention Center with Dr. Asna Matin. CAP fellow Natasha Thrower, MD was
recently awarded with a Rappeport Forensic Fellowship through the American Academy of Psychiatry and the Law, and CAP fellow Henry Marquez-Castro, MD presented at the APA in May 2019 on Infant Psychiatry Topics.

**ADDICTION PSYCHIATRY FELLOWSHIP**

*Director: Daryl Shorter, MD*

**New Faculty:** The Addictions faculty grew this past year with the addition of recent fellowship graduates, Kimberly Parks and Nina Riordan. Dr. Parks joined the staff of Ben Taub General Hospital and also sees patients in the Baylor Psychiatric Clinic. Dr. Riordan works as an attending on the consultation-liaison service of the DeBakey VA Medical Center.

**Awards:** Dr. Fang Yang, current Addiction Psychiatry fellow, was awarded the American Academy of Addiction Psychiatry 2018 Regional Travel Scholarship, which provided financial support for travel to the annual meeting as well as a local educational activity geared toward improving substance use disorders care.

**Publications:** Our current fellows, Drs. Biren Patel and Fang Yang, have already begun making contributions to the field through co-authorship of book chapters and peer-reviewed publications.

- **Patel B**, Naqvi M, Moukaddam N. “Drug Abuse and Education”

**GERIATRIC PSYCHIATRY FELLOWSHIP**

*Director: Ali Asghar-Ali, MD*

Our geriatric psychiatry fellowship was lucky to have Melissa Sanchez, a former BCM student and general psychiatry residency graduate, as it’s fellow in 2018-2019. The fellowship added the Baylor Psychiatry Clinic as a training site with Dr. Bella Schanzer’s support. We have secured one fellow for the 2020 academic year and will be interviewing our second soon.

**CONSULT-LIAISON PSYCHIATRY FELLOWSHIP**

*Director: Mauro Garcia-Altieri, MD*

Our new ACGME-accredited Consult-Liaison Psychiatry (CLP) Fellowship Program was approved in May, 2018. The participating sites include the MEDVAMC and the TCH Pavilion for Women (TCH-PW); Dr. Christina Treece will serve as site director of the latter. The fellowship was purposefully designed to be a mixture of interdisciplinary, co-located and consultative outpatient opportunities, making it a unique and distinctive training program compared to most CLP fellowships in the nation. Fellows will work in Women’s Health clinics at TCH-PW and at the MEDVAMC, they will be involved with Solid Organ Transplant, Behavioral Health programs (Oncology, Palliative Care, Cardiology, GI, Infectious Diseases, Sleep Medicine), and Inpatient CL service. We successfully matched both positions with wonderful trainees: Drs. Erica Taylor (BCM Psychiatry Class of 2019) and Abdullah Ben Ammer.
BCM PSYCHOLOGY TRAINING PROGRAMS

Training Director: Phuong T. Nguyen, PhD

Psychology Internship: Jacquelyn Wynn, previously administrative assistant for the Baylor Psychiatry Clinic, recently became our new program coordinator. The Internship Program once again filled all six positions. Two interns matched for the VA Behavioral Medicine & Geropsychology Research Track, one matched for the Adult Track at the Menninger Clinic, one matched for the Rehabilitation Psychology/Neuropsychology Track, and two matched for the OCD and Related Disorders Track. We had 164 applications and interviewed 42 applicants for the 6 internship slots across the 4 affiliated sites.

Ben Taub Hospital Fellowship: We successfully matched both of our postdoctoral fellowship slots. We had 25 applications and interviewed 10 applicants.

Anti-Human Trafficking Fellowship: We successfully added a second fellowship slot to this program last October. We successfully integrated the Anti-Human Trafficking Program into psychiatric services at Ben Taub and developed an online Human Trafficking training module for healthcare providers. We have received over 250 referrals and positively identified 150 victims and survivors of sex and labor trafficking since October 2017.

Menninger Fellowship (Patricia Daza, PhD, Training Director): We successfully recruited for both of our postdoctoral fellowship slots (HOPE Adult and Compass Young Adult units).

PSYCHIATRY CLERKSHIP

Director: Beverly Du, MD, MPH; Associate Director: Jin Han, MD
Site Directors: Anu Matorin, MD; Ali Asghar-Ali, MD; Sindhu Idicula, MD

Our clerkship has been considered one of the most well-organized and educational according to recent medical student surveys, so we feel proud and thankful for each faculty, resident and fellow who have contributed to our growth and success. We expanded clinical options for medical students: 1) Texas Children’s Hospital with the addition of Dr. Jesus Maldonado in the specialty outpatient clinic as well as Drs. Beenish Syed and Chadi Calargi on the C/L service, 2) hybrid rotation at Baylor Psychiatry Clinic/Harris Health Clinics where students get the unique combined private-public outpatient experience, and 3) Harris Health Child Clinic rotation and a hybrid ACT/Substance Abuse rotation at the VA.

Our medical school has gone through significant curriculum changes, including shortening of clerkships effective January 2020 while adding other opportunities. Our Undergraduate Education Committee (UEC) has been working on the new curriculum content as well as the new 4-week clerkship (reduced from 8-week clerkship) clinical rotation design. Our blackboard content has been better organized to facilitate access to educational materials. We have worked with Dr. Anne Gill to pilot IPE (inter-professional experience) opportunities in our Ben Taub Inpatient unit, which has been providing valuable data to formalize its full implementation. We have been participating in a research study in collaboration with UT Southwestern and UTMB regarding an assessment rubric tool to optimize quality of student feedback.
Our department is currently offering several 4-week electives for BCM students, Visiting U.S. Medical Students and BCM approved International Medical Schools. Clinical electives are in Emergency Psychiatry, Inpatient Psychiatry, Child & Adolescent Psychiatry, Forensic Psychiatry, Private Practice and Research elective in OCD Clinical Care. In addition, our program is currently developing 2-week electives to meet new BCM Curriculum requirements. We are actively seeking faculty supervisors and mentors; if you are interested in developing new electives, please contact Dr. Matorin at matorin@bcm.edu.

Our first year medical student course is their introduction to psychiatry, behavioral sciences, and human development, spanning over 50 hours between March and June of the first year medical school. This year we welcomed Dr. Onigu-Otite into a new role as Associate Course Director. The content of the course spans from introductory material to psychiatry, normative development across the entire lifespan, psychopathology, psychopharmacology, psychotherapy, and other treatment approaches. Students have lauded the course as well-organized with fun and dynamic approaches to the content. Students have also scored exceptionally well in standardized exams including the Behavioral Sciences component of the USMLE Step 1.

Our faculty include a variety of esteemed and gifted educators, including about 18 faculty from both the psychiatry department and other departments and disciplines. This year, we welcomed new faculty, including Drs. John Saunders, Philip Alapat, Jin Han, Kristin Jones, and Neil Puri. Our faculty actively contribute to adapting content, considering more engaging and active approaches to education, and helping each other develop as faculty educators.

Twelve medical students matched into Psychiatry Residency Programs, two of whom will be staying at BCM: Nancy Shenoi and David Vener. Both are also members of the Gold Humanism Honor Society. The other ten students matched in psychiatry programs at Vanderbilt (Research), Columbia (Research), UT Southwestern, University of Illinois, University of Pennsylvania, Case Western, Medical University of South Carolina, University of Southern California, University of California, San Francisco, and University of Pittsburgh.

Daniel Ayanga, MD -- Lisa Balick, PhD -- R George Bombel, PhD -- Ranjit Chacko, MD -- Stephanie Day, PhD -- Ben Li, MD -- Anu Matorin, MD -- George Nadaban, MD -- Elisabeth Netherton, MD -- Laura Orme, PhD -- Petra Pilgrim, MD -- Ajay Shah, MD -- Julie Williams, MD