Baylor College of Medicine
Menninger Department of Psychiatry and Behavioral Sciences Grand Rounds
Co-provided by Baylor College of Medicine and The Menninger Clinic

January 2019 • 10:30-11:30 am
Baylor College of Medicine, McNair Campus, Bobby R. Alford Educational Center,
Room MCHA-AEC-A and B

January 2, 2019
NO GRAND ROUNDS
Happy Holidays!

January 9, 2019
The Role of Family Caregivers in Mental Health Care: Findings from a Photovoice Collaboration with Military Caregivers
Gala True, Ph.D.
Associate Professor, Community and Population Medicine
LSU School of Medicine

Objective: At the conclusion of this session, participants should be able to:
• List areas of instrumental and emotional support provided by informal caregivers to persons living with serious mental health diagnoses.
• Identify strategies clinicians can use to partner with caregivers to enhance care and well-being of their patients.
• Discuss the needs of military caregivers and available resources and programs in the community.

January 16, 2019
Health Literacy: Research and Practice in Mental Health
Jessica Rohr, Ph.D.
Assistant Professor
The Menninger Clinic
Baylor College of Medicine

Objective: At the conclusion of this session, participants should be able to:
• Explain the concept of health literacy and consequences of limited health literacy for patients and professionals.
• Identify signs of limited health literacy in patients and family members.
• Utilize simple techniques to ensure effective transmission of health information from provider to patient.

January 23, 2019
Rethinking Thin: What Makes an Eating Disorder and What Psychiatrists Need to Know
Sindhu Idicula, M.D.
Associate Professor, Menninger Department of Psychiatry
Baylor College of Medicine

Sharonda Alston Taylor, M.D.
Associate Professor, Pediatrics-Adolescents & Sports Medicine
Baylor College of Medicine

Objectives: At the conclusion of this session, participants should be able to:
• Define the most common eating disorders, including AN, BN, BED, ARFID.
• Recognize the most urgent physical and mental health findings in these disorders.
• Discuss the general features of eating disorder treatment including multidisciplinary care and levels of care.

SEE OTHER SIDE
Objectives: At the conclusion of this session, participants should be able to:
• Identify cases of obsessive-compulsive disorder (OCD) that might be candidates for deep brain stimulation.
• Select medications that have the most evidence for treating OCD.
• Perceive the promise of neurotechnology for elucidating the pathophysiology of OCD.

Target Audience, Needs, Educational Methods, Activity Evaluation: Physicians, residents, fellows, and healthcare professionals from a variety of disciplines need to be updated in a wide variety of topic areas which address all aspects of psychiatric practice including psychopharmacology, psychodynamic psychotherapy, ethics in psychiatric practice, and the treatment of select patient population. This activity aims to address the continuing interest of mental health practitioners in contemporary thinking and research regarding a wide variety of clinical issues confronted in clinical practice. Given the continuous expansion of the understanding of the biological mechanisms for some psychiatric illnesses, all mental health professionals’ educational needs are well served by ongoing exposure to the latest clinical research. Educational methods will include lectures, case presentations, audio/video presentations, panel discussions, and question & answer sessions. Participants will be asked to complete an activity evaluation.

Accreditation/Credit Designation

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, (License Number: 4066) is approved as a provider of continuing education in Social Work by the Texas State Board of Social Worker Examiners. This activity has been approved for .1 CEU.

This series is broadcast to The Menninger Clinic, Classroom(s): 5128 & 5130, Texas Children’s Hospital, Psychiatry Department, Conference Room # S.200.10, and the Harris Health System – Ben Taub Hospital, Conference Room: 2.133, NPC, 2nd Floor