BCM Psychiatry Grand Rounds
Menninger Department of Psychiatry
Co-provided by Baylor College of Medicine and The Menninger Clinic

December 2019 • 11:30 a.m. - 12:30 p.m.
Baylor College of Medicine, McNair Campus
Bobby R. Alford Educational Center, Room MCHA-AEC-A and B

December 4, 2019
The 4 Ts of Loneliness: Innovative Approaches to Healthy Care of the Lonely Patient
Sheila LoboPrabhu, MD
Professor of Psychiatry
Menninger Department of Psychiatry
Baylor College of Medicine

Nidal Moukaddam, MD
Associate Professor of Psychiatry
Menninger Department of Psychiatry
Baylor College of Medicine

Objective: At the conclusion of this session, participants should be able to:
• Discuss the demographics of loneliness in the United States and describe loneliness as a social phenomenon.
• Summarize subjective and objective ways to screen for loneliness.
• Explain the 4 Ts of loneliness (Territory, Threat, Trauma, and Trust) and how they affect interpersonal interactions of lonely individuals.
• Use case examples to describe how to clinically address loneliness in outpatient psychiatry, inpatient psychiatry, and homeless care settings.
• Evaluate novel programs such as phone apps and social media and their effects on loneliness.

This activity has been designated by Baylor College of Medicine for 1 credit of education in medical ethics and/or professional responsibility.

December 11, 2019
Medical, Cognitive, and Psychological Issues Affecting People Living with HIV
Tara C. Steinberg, PhD
Assistant Professor, Menninger Department of Psychiatry
Baylor College of Medicine

Cezarina Mindru, MD
Assistant Professor, Department of Medicine
Baylor College of Medicine

Mario A. Garcia-Altieri, MD
Assistant Professor, Menninger Department of Psychiatry
Baylor College of Medicine

Objective: At the conclusion of this session, participants should be able to:
• Recognize the psychological factors that follow an HIV diagnosis.
• Identify barriers to adherence to highly active antiretroviral therapy (HAART).
• Characterize cognitive impairment linked to HIV infection or comorbid health conditions.
• Describe behavioral health and clinical interventions effective with this population.
Target Audience and Needs: Physicians, psychologists, residents, fellows, physician assistants, nurses, and social workers in a variety of disciplines need to be regularly updated on strategies for navigating suicidal grief, posttraumatic growth, and adverse clinical outcomes. The series aims to increase knowledge of the learners in these topic areas, and to enhance the quality of care and improve outcomes.

Educational Methods: Educational methods will include lectures, case presentations, literature review, and panel discussion.

Activity Evaluation: Participants will be asked to complete a session evaluation.

Accreditation/Credit Designation: Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Baylor College of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, (License Number: 4066) is approved as a provider of continuing education in Social Work by the Texas State Board of Social Worker Examiners. This activity has been approved for .1 CEU.

This series is broadcast to The Menninger Clinic, Classroom(s): 5128 & 5130, Texas Children’s Hospital, Psychiatry Department, Conference Room #180.22, and the Harris Health System – Ben Taub Hospital, Conference Room: 2.133, NPC, 2nd Floor.