A message from the Program Director

According to the most recent ACGME Resident Survey results, only 54% of residents in our program are “satisfied with opportunities for scholarly activities”; the Vice Chair Group (VCG) for Education has developed an action plan that includes the following initiatives to address this:

1. Include Research as part of our Strategic Plan. We will “improve research opportunities for internal medicine residents & fellows” by doing the following:
   a. Establish residents/fellows research advisory committee
   b. Develop and update database for research projects
   c. Publicize Fundamentals of Clinical Investigation Course to encourage resident/fellow participation
   d. Work with Vice Chair Group for Research to establish a research support infrastructure
   e. Improve funding for conference travel and presentations

2. Establish a VCG for Research. Dr. Christie Ballantyne has been appointed Vice Chair for Research. Members include Melissa Bondy, Laura Petersen, Wolfgang Winkelmayer, David Corry, Matthew Ellis, Ashok Balasubramanyam, Sankar Navaneethan, Nicola Hanania, Barbara Trautner, and Colin Ducket. View the group’s Strategic Plan.

The following individuals have been designated as contact representatives for DoM sections: Vijay Nambi/Atherosclerosis; Mark Entman/Cardiovascular Sciences; Addison Taylor/HypertensionThrombosis; Miguel Cruz/Anita Deswal/Cardiology; Dennis Villareal/Endocrinology; Aaron Thrift/Epidemiology & Population Sciences; Jason Hou/GL; Jung Park/General Medicine; George Taffet/Geriatrics; Jessica Davila/Health Services Research; Weei-Chin Lin/Hematology & Oncology; David Corry/Immunology & Allergy; Grace Rheumatology; Elizabeth Chiao/Infectious Disease; Sankar

WELCOME
From the Rising Chiefs
We can’t believe how fast this year has flown by! Y’all have done an amazing job. From flooding to snow days to the much-welcomed warm weather, you all show up day in and day out, working tirelessly for your patients. It’ll soon be time for everyone to transition roles. Interns will become upper levels and program leaders. Second years will become third years. Third years will graduate and become fellows and attendings. With so much to look forward to, it’s good to reflect on everything you’ve accomplished this last year. From an incredible BCM Live show to knocking out presentations at some of the most prestigious medical conferences, your talents never cease to amaze us. Given all you’ve accomplished, we have no doubt each one of you will continue to be an inspiration to the new generations of BCM residents and interns for years to come. We can’t wait to see what next year holds!

Jon, Orhue, Shradha, Ryle, and Victoria

Continued on page 2
Continued from page 1

Navaneethan/Nephrology; Rolando Rumbaut/Pulmonary/Critical Care/Sleep Medicine; Ellen Fremion/Transition Medicine.

3. **Update research brochures & want ads.** All DoM sections are updating their Research brochures and compiling a “Want Ads” of projects immediately available for residents to work on. These should be posted to Blackboard by the beginning of the new 2018 - 2019 academic year.

4. **Create Fundamentals of Clinical Investigation course.** Residents interested in performing clinical research are strongly encouraged to attend this course, which begins July 30 and continues 4 nights a week until August 16. The course is open to all BCM personnel and is free; you can register to audit the course. Topics covered include: Overview of Hypothesis-Based Research; Introduction to Translational Research; Introduction to Health Services Research; Clinical Trials; Critical Appraisal of Medical Literature; Clinical Epidemiology; Biostatistics for Clinical Researchers; Submitting Proposals; Developing a Clinical Research Proposal; How to Be Accepted by the Best Journals.

5. **Develop Statistics & Study Design resource.** DoM is recruiting a PhD to be based at the McNair Campus to assist any researchers with study design and statistical analysis. Stay tuned for more information on this valuable resource.

6. **Engage in Academics Committee.** Any interested resident may participate in the Academics Committee, which is part of the residency program. The Committee facilitates resident research by helping identify research mentors, review abstracts for submission, and critique presentations and posters for various scientific meetings.

Residents, fellows and medical students now have a number of resources available to facilitate their successful research endeavors; please take advantage of them.

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**Faculty Spotlight**

*For this newsletter, we highlight Dr. Shira Sachs. Dr. Sachs is a former BCM Chief Medical Resident who, over the past year, has served as Co-Director of Medical Education and Site Director for Internal Medicine Clerkship at Baylor St. Luke’s Medical Center. In June, she will be moving to New York to begin the next chapter of her already impressive career. She has been an exceptional asset to Baylor and she will be greatly missed. Below are her reflections on her time at Baylor.*

Reflecting on important decision points in your life, in hindsight, the path you took can feel like the result of fate. This certainly describes how I feel about the last five years I’ve spent at Baylor. As a transplant from Virginia, I wasn’t sure what life would be like as a Houstonian. I quickly found BCM to be the academically rigorous and supportive environment I was looking for. From Ben Taub morning report to late nights in my VA team room, I relished the opportunity to grow with and learn from my peers. Baylor became my home away from home.

In addition to my unbeatable clinical exposure as a BCM resident, I appreciated how open our leadership was to new ideas and initiatives. Interested in developing my skills as an educator, with a group of my co-residents and faculty mentors, I developed the BCM IM AoRE. It has been rewarding to help shape this program which will continue to further our residents’ professional development.

Over the course of residency, I realized a career as an academic hospitalist was well suited to my interests in hospital medicine, medical education, and leadership. My experiences as a Chief Resident and the Co-Director of Medical Education at BSLMC have provided invaluable training in each of these realms.

It is with a heavy heart that I begin to wrap up my tenure at BCM. The friends, colleagues, and mentors I’ve met here have helped shape me into the person and clinician I am today. I will forever cherish my time as a member of the BCM community.

With endless gratitude,

Shira Anne Sachs
Jeff Berman
Hometown: Houston, TX
Undergrad: UT-Austin
Medical School: BCM
Career Plans: Cardiology
Interesting Fact: Jeff is married with a cute poodle puppy named Flash.

Roberto H. Cavazos
Hometown: Pharr, TX
Undergrad: Rice University
Medical School: Baylor College of Medicine
Career Plans: Academic Hospital Medicine
Interesting Fact: Roberto loves to travel with his wife. This year they are visiting Budapest, Vienna, Munich, Gaborone (Botswana) and Johannesburg!

Christiana Hayward
Hometown: Monroe, Louisiana
Undergrad: Louisiana Tech University
Medical School: Louisiana State University Health Sciences Center Shreveport
Career Plans: Academic Medicine
Interesting Fact: Christiana is a crazy dog mom who will talk your ear off about her two pups. She learned how to swim before she could walk and waterski before the age of 3 (a classic for someone born in the Bayou State). She loves to cook, bake, travel and read.

David McCormick
Hometown: Johnson City, TN
Undergrad: Pomona College
Medical School: University of Tennessee Health Science Center
Career Plans: Infectious Diseases and Global Health
Interesting Fact: David worked as a SCUBA instructor before starting medical school.

Diana Vila
Hometown: Lima, OH
Undergrad: MIT
Medical School: Ohio State
Career Plans: Pulmonary/Critical Care
Interesting Fact: In high school, Diana was part of a traditional German folk dance group. She traveled all over northwest Ohio, and got extra credit in German class for performing. She still has her dirndl!
Recent Resident Achievements

ACP Associate’s Day BCM Winners

Clinical Medicine Poster
1st Place: David McCormick “Bruns Syndrome: An Uncommon Presentation of Neurocysticercosis”
2nd Place: Mahmoud Allahham “With a Heavy Heart: A Case of Transfusion-Related Iron Overload Cardiomyopathy

Research Poster
1st Place: Victoria Serpas “A Retrospective Study of Anti-EGFR Therapy in Small Bowel Adenocarcinoma”

Quality Improvement Poster
2nd Place: Rachael Jacobson “Predicting Risk of Clinical Deterioration: A Closer Look at Resident Handoffs and Rapid Response”

Jeopardy
2nd Place: Jefferson Triozzi, Orhue Odaro, June Kampangkaew

Congratulations to Cody Moore for being voted as Texas SE Regional ACP Representative!

Presentations
Justin Arunthamakun - Poster presentation at Southern SGIM, New Orleans, LA
Arunthamakun J, Kulkarni S, Assalita S, Marr R, Vasudevan M. B-cells on the Heart: A case of primary cardiac lymphoma

Justin Arunthamakun - Poster presentation at ACC, Orlando, FL
Arunthamakun J, Franklin W, Parekh D, Miyake C, Fraser C, Lam W. Reactive antitachycardia pacing for dual chamber epicardial pacemaker in complex congenital heart disease

Justin Arunthamakun - Oral presentation at National SGIM, Denver, CO
Best Clinical Vignettes Top 8 Finalist

Jeff Berman - Poster presentation at ACC, Orlando, FL
Berman J, Mohan S, Valdes S, Parekh D, Franklin W, Lam W. Last vein left: dual chamber pacemaker insertion via left superior vena cava for limited venous access

Nicole Canon - Poster presentation at American Association of Immunologists, Austin, TX
Canon, N, Gharfeh, M, Guffey, D, Anvari, S, and Davis, C.M. 2018. The Role of Food Allergy Education: Measuring Teacher Knowledge, Attitudes, and Beliefs

Kayla Foster - Poster presentation at American Society of Pediatric Hematology and Oncology, Pittsburgh, PA
Foster K, Bergstrom K, Holloman A, Marcogliese A, Yates A. Congenital Sideroblastic Anemia, Immunodeficiency, Periodic Fevers, and Developmental Delay Syndrome Masquerading as Alpha Thalassemia Variant

Amir Kazerouninia - Poster presentation at ACC, Orlando, FL

Khurrum Khan - Poster presented at Sixth Annual Cardiovascular Research Institute Symposium
Khan K, Singh M, Barshes N, Fisch E, Frey C, Mathias K, Jneid H, Mushier D. Acute Cardiac Events in Patients with Soft Tissue Infection, Gangrene, or Osteomyelitis of the Foot
Khan K, Kumar V, Jneid H. Door-in Door-out Time in STEMI: Underachieved and Modifiable

Best Poster in Clinical Fellow/Medical Resident Category

Hillary Liebler - Poster Presentation at Natl SGIM, Denver, and Baylor College of Medicine Housestaff Research Symposium


Alyssa Mohammed- Poster presented at SHM in Orlando, FL


Publications

Joseph Allencherril - Published in Texas Heart Institute Journal


Amir Kazerouninia- Published in Journal of American College of Cardiology


Amir Kazerouninia- Editorial for American Society for Healthcare Risk Management


Emily Mao and Noman Ali- Published in Inflammatory Bowel Disease

Yinghong Wang, Hamzah Abu-Sbeih, Emily Mao, Noman Ali, Wei Qiao, Van Anh Trinh, Chrystia Zobniw, Daniel Hartman Johnson, Rashmi Samdani, Phillip Lum, Gladis Shuttlesworth, Boris Blechacz, Robert Bresalier, Ethan Miller, Selvi Thirumurthi, David Richards, Gottumukkal Raju, John Stroehlein, Adi Diab; Endoscopic and Histologic Features of Immune Checkpoint Inhibitor-Related Colitis, Inflammatory Bowel Diseases, izy104, https://doi.org/10.1093/ibd/izy104

Emily Mao and Noman Ali- Accepted publication in Journal of Immunotherapy of Cancer

Yinghong Wang; Hamzah Abu-Sbeih; Emily Mao; Noman Ali; Faisal Ali; Wei Qiao; Phillip Lum; Gottumukkal Raju; Gladis Shuttlesworth; John Stroehlein; Adi Diab. "Immune-Checkpoint Inhibitor-Induced Diarrhea and Colitis in Patients with Advanced Malignancies: Retrospective Review at MD Anderson" Manuscript, 2018. Journal of Immunotherapy of Cancer.

Joseph Allencherril - Published in Journal of Electrocardiology

### Upcoming National Conferences

<table>
<thead>
<tr>
<th>Conference Date</th>
<th>Abstract Deadline</th>
<th>Location</th>
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<tbody>
<tr>
<td>ALLERGY/IMMUNOLOGY</td>
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<tr>
<td>AAAAI</td>
<td>February 22-25, 2019</td>
<td>8/2018 (expected*)</td>
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<tr>
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<td>November 15-19, 2018</td>
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<td>ACC</td>
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<tr>
<td>AHA</td>
<td>November 10-14, 2018</td>
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<td>12/2018 (expected)</td>
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<td>ADA (National)</td>
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<td>October 5-10, 2018</td>
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<td>ASH</td>
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<td>ASCO</td>
<td>June 1-5, 2018</td>
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<td>INFECTIOUS DISEASE</td>
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<td>IDSA</td>
<td>October 3-7, 2018</td>
<td>5/1/2018</td>
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<td>ASM</td>
<td>June 7-11, 2018</td>
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<td>GENERAL INTERNAL MED-</td>
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<td>SHM</td>
<td>March 24-27, 2019</td>
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<td>SGIM (National)</td>
<td>May 8-11, 2019</td>
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<td>SGIM (Southern)</td>
<td>February 14-16, 2019</td>
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<td>ACP (National)</td>
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<td>AAIM</td>
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<td>1/2018 (expected)</td>
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<td>ACGME</td>
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<td>ATS</td>
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<tr>
<td>ACR</td>
<td>October 19-24, 2018</td>
<td>6/5/2018</td>
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*Expected indicates the approximate upcoming deadline based on previous years. Updated 4/29/18.*
Photos!

ACP Associates Day—Poster winners!

Academics Committee Journal Club about Factor Xa inhibitors!

Gold Humanism inductees
Photos!

BCM Live—PGY-1 cover band!

Chief Resident Grand Rounds—Dr. Rumbaut!

Internal Medicine retreat at the Houston Museum of Natural Science!