



The FIRST ANNUAL HOUSTON
"PREVENTION RULES"
for
**CARDIOMETABOLIC
DISEASES**

May 16, 2020

Baylor College of Medicine - McNair Campus
7200 Cambridge Street • Houston, TX 77030

Provided by

Baylor College of Medicine, Department of Medicine
Section of Atherosclerosis & Lipoprotein Research



Baylor
College of
Medicine

Register online at <https://www.baylorcme.org/search/detail.cfm?cme=1155>

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Activity Overview

Cardiovascular disease remains the leading cause of death in the United States despite a significant decrease in the morbidity and mortality associated with the disease. Clinical practice and research efforts have placed emphasis on the treatment of cardiovascular disease rather than on the prevention of events. There is a critical need to transition focus from interventional strategies to the prevention of cardiovascular disease, particularly in light of the rapid rise in patients with obesity and diabetes. This educational event with a "primary care" and "cardiovascular track" aims to provide physicians, fellows, residents, students and other health care professionals with the knowledge and skills in the management of hypercholesterolemia, hypertension and diabetes in the treatment of cardiometabolic disease and prevention of cardiovascular diseases that can be incorporated into clinical practice.

Audience

This course is designed for primary care providers (internal medicine, family practice), cardiologists, allied health professionals (nurse practitioners, physician assistants, pharmacists), and endocrinologists.

Educational Objectives

At the conclusion of the activity, participants should be able to:

- Implement the new guidelines related to cardiovascular disease risk prediction and management of lipid abnormalities, diabetes and hypertension
- Outline the advances and guidelines in the management of lipid (cholesterol) related abnormalities and list therapies on the horizon
- Discuss recent advances in the management of diabetes mellitus, and the available options for the medical management of diabetes mellitus with a specific focus on their cardiovascular benefit and outline the therapies on the horizon
- Summarize the current clinical approach towards the management of hypertension and identify patients in whom intensive blood pressure management could be pursued

Educational Methods

Lectures | Case Study | Panel Discussion

Evaluation

Evaluation by questionnaire will address program content, presentation, and possible bias.

Accreditation/Credit Designation

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 7.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure

In order to meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME) it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME course (course director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, and objectively presented. Specific disclosure will be made to the participants prior to the educational course.

Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.

Saturday, May 16, 2020

7:00-7:45am Breakfast

7:45am Welcome

LIPID, HYPERTENSION, AND DIABETES GUIDELINES

8:00am The Lipid Guideline Approach Towards Primary and Secondary Prevention

8:30am Things Not Covered in the Lipid Guidelines

8:45am Hypertension Guidelines

9:15am Beyond Hypertension Guidelines - What's Next in Management of Hypertension?

9:30am Diabetes Guidelines

10:00am New Frontiers in Diabetes Management - Where Should the Diabetes Guidelines Go Next

10:15am Break

LIFESTYLE CHOICES, CHALLENGES, AND GUIDELINES

10:30am Weight Loss - Tips, Tricks, and Recommendations Physical

11:00am Activity - Recommendations and How to Achieve Dietary

11:30am Guidelines

12:15pm Lunch (*box lunch provided*)

PARALLEL SESSIONS

PRIMARY CARE TRACK

1:00pm Statin Intolerance: Definition and Approaches

1:30pm A Deep Dive into Management of Hypertriglyceridemia

2:00pm Resistant Hypertension: Tips and Tricks

2:30pm Diabetes Management - Pearls and Tricks

3:00pm Break

3:15pm A Fireside Chat

4:45pm Adjournment

CARDIOVASCULAR TRACK

1:00pm PCSK9 - Inhibitors

1:30pm Lipoprotein (a), Triglycerides and The Next Frontiers in Lipid Management

2:00pm Diabetes Management in Cardiovascular Disease Prevention

2:30pm Imaging to Assess Cardiovascular Disease Risk

Fee, Registration, and Confirmation Information

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least five business days before the activity start date, contact cme@bcm.edu immediately.

If you plan to register on-site, contact cme@bcm.edu at least 24 hours in advance to confirm activity status and space availability. Baylor College of Medicine and the course organizers reserve the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register, visit <https://www.baylorcme.org/search/detail.cfm?cme=1155>

Cancellation/Refund Policy

Requests for registration refunds must be in writing and received by cme@bcm.edu at least 10 business days before the activity begins. The date the request is received by the organization will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$25 administrative fee deducted from the paid registration fee to cover guarantees and other expenses. Requests should be emailed to cme@bcm.edu.

The course organizers reserve the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form, and again in writing. If the activity is cancelled, the liability is limited to the paid registration fee. Note: If the registration payment was made by check, a Social Security number will be required to process the refund.

Conference Location

Baylor College of Medicine - McNair Campus
7200 Cambridge
Houston, TX 77030
713-798-1000
<https://www.bcm.edu/healthcare/locations/mcnair-campus>

Syllabus

An email with the link will be sent out the week of the conference to all who have preregistered to access the online syllabus. Hard copy and USB syllabus are NOT available.

Attire

Attire for the conference is business casual. Since meeting room temperatures and personal comfort levels vary, it is recommended that you bring a sweater or jacket.

Parking

Parking is available in the McNair parking garage.

For Further Information

Baylor College of Medicine
Department of Medicine
Section of Athero & Lipo
Houston, TX 77030

Email: cme@bcm.edu
Visit our Website at <https://www.baylorcme.org>
for information about Baylor College of Medicine
CME activities.

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 HOUSTON, TEXAS

Registration

Registration Fees

Physician.....	\$50.00	Retired Physician	\$25.00
BCM Faculty (complementary).....	\$-0-	Nurse.....	\$25.00
Resident (complementary).....	\$-0-	Technician	\$25.00
Fellow (complementary).....	\$-0-	Other Healthcare Professional.....	\$25.00

Three Ways to Register and Pay (Your registration must be PREPAID)

By mail: Complete registration form and include your check/money order (address below).

By fax: Complete registration form, including credit card information and fax to 713.798.4121.

Go online to <http://www>.

- Check or money order (in U.S. funds) made payable to: *Baylor College of Medicine*
- Visa® MasterCard® Discover® AMEX® \$ _____ **Total amount enclosed**
- Card No. _____ Exp. Date: _____
- Name on the Card: _____
- Authorized Signature: _____

(Please print clearly)

Name: _____
First MI Last

Degree: _____ Please check if: Resident Fellow

Affiliation: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Cell: _____

Email: _____

Specialty: _____

Emergency Contact: _____ Phone: _____

National Provider Identifier (NPI): _____ Prof. License: _____
No./State

Address for mail-in registration and payments:

Baylor College of Medicine - BCM155
 Office of Continuing Medical Education
 One Baylor Plaza, Houston, TX 77030

Special Requests

Contact cme@bcm.edu have any dietary needs (specify below)
 or any ADA accommodation needs.

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 Amount: